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Tuesday



Cheney greets Pakistani President Musharraf.

Battleground: Cheney seeks Pakistani aid to fight al-Qaeda | **7**

Who, Me? Report: narcissism rising among college students | **5**



Oscar Payback: Scorsese finally won — but was it for the right film? | **30**

ENTERTAINMENT

Cause and Effect:

Jake Gyllenhaal plays a man brought low by his obsession with a killer in 'Zodiac.' Plus, the Eternals.

>> **17-21**



Weather >> Partly Sunny



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FULL FORECAST ON PAGE 30

Iraqi VP Narrowly Escapes Assassination



ON GUARD: Iraqi police officers handcuff a man after an explosion at a government meeting hall in Baghdad where Iraqi Vice President Adel Abdul-Mahdi gave a speech Monday. Abdul-Mahdi was injured in the assassination attempt that killed 10 people. ♦ **Deadline:** Americans back date for Iraq pullout | **Page 5**

'Forever' Stamp Gains Support

Postal regulators back postage that transcends price hikes

WASHINGTON | Say goodbye to those pesky 1- and 2-cent stamps that used to clutter up desks and purses every time the price of mailing a letter went up.

A new "forever" stamp — good for mailing a letter no matter how much rates rise — was recommended Monday by the independent Postal Regulatory Commission. The panel also called for a 2-cent increase in first-class rates to 41 cents, a penny less

than the post office had sought.

In addition, the changes would sharply scale back the price of heavier letters.

"Adoption of this proposal is good for the Postal Service, postal customers and our postal system," commission chairman Dan G. Blair said at a briefing.

A forever stamp would not carry a denomination, but would sell for whatever the first-class rate was at the time.

For example, if the 41-cent rate takes effect, forever stamps would sell for 41 cents. If rates later climbed to 45 cents or more, the price of the forever stamp would also go up at the counter or machine, but those purchased before the change would still be valid to mail a letter.

Currently, first-class mail costs 39 cents for the first ounce and 24 cents for each additional ounce. While the first ounce would rise to 41 cents under the proposal, it would cost just 17 cents for each additional ounce. (AP)

CANDIDATES | Couple's Council-ing A couple in Burbank, Calif., are both seeking seats on the City Council, the Los Angeles Times reported. Carolyn and Phil Berlin are two of seven candidates running for the council. Their opponents say they could



not be independent members if voted in together. "They are going to be tightly aligned with another council member," said councilman David Golonski. The Berlins say their alliance would be no different from other council member alliances. (EXPRESS) **EyeOpeners** | **Page 2**

eyeOpeners

ASSIGNMENTS

Let's Just Replace School With Day Care

Alarmed by indicators of student stress such as cheating and substance abuse, a handful of California schools are reducing an education staple: homework. Oak Knoll Elementary in Menlo Park has mostly banned homework

— except reading, special projects or catch-up work. Addison Elementary in Palo Alto and the Berryessa School District in San Jose are discussing the issue.

Critics say homework steals time that increasingly busy children need to play or spend with family. Homework proponents argue that it teaches students to be more responsible and manage their time. (AP)



SECRET WEAPONS

Test of Anti-Garage Device Is Successful

Manassas, Va., residents near the Quantico Marine Corps Base have to replace their garage-door openers after they were rendered useless by radio waves coming from the base, The Washington

Postreported. The signal shut down any remote device operating at the same frequency, which was allowed, Marines officials said, because the military service has the

airwaves right-of-way. Affected residents have had to pay for a new system that operates on a different frequency. Many feel the Marines should reimburse them for the cost. "There should be some kind of compensation," said Queen Carroll, who had to buy a new system. "I am on a budget." (EXPRESS)



GETTY IMAGES

FLOATING

Having a Ball

Here in the United States, being part of a float for New Year's festivities usually means waving to crowds from a decorated vehicle in a parade. In Chongqing, China, however, New Year's floats depict how children play in water-walking balls — as these did Monday — on tourist-friendly Foreigners' Street. The destination, which features handicraft shops and cafes, received almost 1 million visitors during the Chinese Lunar New Year holiday. (EXPRESS)



Not only that, but non-Chinese customers got all the stupid fortunes, too.

DISCRIMINATION

This Menu Has Stuff We Didn't Spit In

New York officials have filed a discrimination complaint against a Chinese restaurant that gave different menus to non-Chinese customers, the New York Daily News reported. Canal Seafood Restaurant charged those customers higher prices than what Chinese customers paid, the Human Rights Commission said. "We saw other customers getting a different menu," said customer David Lopez. (EXPRESS)

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—Gov. Arnold Schwarzenegger, urging bipartisanship in a speech at the National Press Club

Nation

In Brief

NEW YORK

Researchers Say Box May Have Held Jesus' Remains

Filmmakers and researchers on Monday unveiled two ancient stone boxes they said may have once contained the remains of Jesus and Mary Magdalene, but several scholars derided the claims made in a new documentary as unfounded and contradictory to basic Christian beliefs. "The Lost Tomb of Jesus," produced by James Cameron, argues that 10 small caskets discovered in 1980 in a Jerusalem suburb may have held the bones of Jesus and his family. (AP)



Researchers say this stone box may have once held the remains of Jesus.

LOS ANGELES

N.Y. Men Plead No Contest To Extorting MySpace.com

Two young New York men accused of trying to extort \$150,000 from MySpace.com by developing code that tracked visitors pleaded no contest Monday to illegal computer access. Two counts of attempted extortion and another illegal computer access count were dropped in the deal, which gave the defendants three years probation. (AP)

FDA Performing Fewer Inspections

Safety tests on foods produced in U.S. have dropped 75 percent

The federal agency that's been front and center in warning the public about tainted spinach and contaminated peanut butter is conducting just half the food safety inspections it did three years ago.

The cuts by the Food and Drug Administration come despite a barrage of high-profile food recalls.

"We have a food safety crisis on the horizon," said Michael Doyle, director of the Center for Food Safety at the University of Georgia.

Between 2003 and 2006, FDA food safety inspections dropped 47 percent, according to a database analysis of federal records by The Associated Press.

That's not all that's dropping at



The FDA has recently been involved in the recall of contaminated peanut butter and spinach. An analysis shows the FDA is performing fewer safety tests.

the FDA in terms of food safety. The analysis also shows:

→ There are 12 percent fewer FDA employees in field offices who concentrate on food issues.

→ Safety tests for U.S.-produced food have dropped nearly 75 percent, from 9,748 in 2003 to 2,455 last year, according to the agency's own statistics.

After the Sept. 11 attacks, the FDA increased the number of food inspectors and inspections amid fears that the nation's food system was vulnerable to terrorists. Inspectors and inspections spiked in 2003, but now both have fallen enough to erase the gains.

The Bush administration's budget request for 2008 includes an additional \$10.6 million for food safety at the FDA; the lobbying group said 10 times that increase is needed. Even though the FDA increased its overall spending on food between 2003 and 2006, those increases failed to keep pace with rising personnel costs.

FDA food inspectors look for filth, decomposition, adulteration with pesticides and industrial chemicals, and the illegal use of color or food additives, according to the agency. ANDREW BRIDGES (AP)

Court Issues Stay on Moving Smith

Challenge by model's estranged mother puts burial on hold

WEST PALM BEACH, FLA. | A Florida appeals court issued a stay Monday in the dispute over Anna Nicole Smith's body, ruling that her remains cannot be moved to the Bahamas until the judges hear a challenge from the starlet's estranged mother.

The Florida 4th District Court of Appeal is considering a request by Virgie Arthur to overturn a trial judge's decision giving control of Smith's body to the attorney for the centerfold's infant daughter. That attorney decided Smith should be buried in the Bahamas beside her 20-year-old son, who died last year of apparent drug-related causes.

Arthur wants to bury her daughter in her native Texas.

The court gave other attorneys

in the case until 2 p.m. Tuesday to respond to the challenge.



Arthur

Earlier Monday, Judge Larry Seidlin rejected Arthur's request to reconsider last week's ruling, saying he wanted to preserve Smith's dignity by having the funeral as soon as possible. Seidlin declined

to speak to reporters.

Arthur's attorneys claim the judge had no authority to grant custody of Smith's body to the little girl's court-appointed attorney, and that Arthur is Smith's only legal next of kin.

Arthur "was the proper and the legally recognized person authorized to make the ultimate decision" about her daughter's remains, the appeal said.

Smith died in a Florida hotel Feb. 8 at age 39. A medical examiner has yet to determine her cause of death. BRIAN SKOLOFF (AP)

Laurel

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Nation

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The number of coal-fired power plants to be built in the U.S. in the next decade. Some scientists fear the plants will increase greenhouse gases and worsen global warming.

One Libby Juror Removed

Woman dismissed for media exposure as deliberations continue

WASHINGTON | A federal judge avoided a potential mistrial in the CIA leak case Monday by dismissing a juror and sending the other 11 back to continue deliberating over the fate of former White House aide I. Lewis "Scooter" Libby.

U.S. District Judge Reggie B. Walton said the juror had seen or read something over the weekend about Libby's trial.

"What she had exposure to obviously disqualifies her," the judge said.

He did not say what the juror had seen but characterized it as a misunderstanding. He has ordered jurors to avoid media coverage of the case.

Walton originally feared several jurors were tainted, raising



Defense and prosecution teams discuss procedure relating to the released jury member in the I. Lewis "Scooter" Libby perjury trial Monday in Washington.

the specter of a mistrial in the politically charged case. Libby is accused of lying and obstructing the investigation into the 2003 leak of CIA operative Valerie Plame's identity.

After questioning jurors behind closed doors, however, Walton said the remaining seven women and

four men were not affected.

The woman who was dismissed from the jury is an art history expert and scholar who formerly served as a curator of prints at the Metropolitan Museum of Art. She was also the only juror who did not wear a red T-shirt as part of the jury's Valentine's Day greeting to the court. (AP)

Psychologist: Padilla Can Face Trial

MIAMI | Alleged al-Qaeda operative Jose Padilla has mild anxiety and personality disorders but is mentally able to stand trial, a prison psychologist said Monday in testimony that contradicted two defense experts.

Rodolfo Buigas, a psychologist at the federal detention center in downtown Miami, rejected the defense experts' diagnosis that Padilla cannot help with his defense because he suffers from post-trau-

matic stress disorder.

The question is crucial in determining whether Padilla, 36, and two co-defendants will stand trial in April on charges of being part of a North American terror support cell that provided finances, recruits and supplies to Islamic extremists. (AP)

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Nation

Deadline for Iraq Popular

Majority of Americans in favor of timetable for troop withdrawal

With Congress preparing for renewed debate over President Bush's Iraq war policies, a majority of Americans now support setting a deadline for withdrawing U.S. forces from the war-torn nation and also support putting new conditions on the military that could limit the number of personnel available for duty there, according to a new Washington Post-ABC News Poll.

Opposition to Bush's plan to send an additional 21,500 troops to Iraq remained strong, with two

A Reporter's Journey

→ Bob Woodruff, a symbol of the dangers journalists face in Iraq, is trying to use his higher profile to illuminate the plight of troops with brain injuries. | **Today in Style**

IN The Washington Post

in three Americans registering their disapproval — 56 percent said they strongly object.

The Post-ABC poll found that 53 percent of Americans favored setting a deadline for troop withdrawals. Among those who favored a deadline, 24 percent said they would like to see U.S. forces out within six months and another 21 percent called for the withdrawals

to be completed within a year. The rest of those who support a timetable said they did not favor withdrawing all troops until at least a year from now.

This is the first time a Post-ABC News poll has found a majority of Americans supported establishing such a timetable for withdrawal, which has long been resisted by the president and even some Democrats.

Growing numbers of Americans also favored withdrawing U.S. forces, even if civil order in Iraq has not been restored. The poll found that just 42 percent favored keeping troops there until civil order is restored. **DAN BALZ AND JON COHEN** (WASHINGTON POST STAFF WRITERS)

WICHITA, KAN. | IRAQ'S TOLL



MIKE HUTMACHER/AP

PAYING TRIBUTE: Rachel Hall, a member of the Patriot Guard, a motorcycle group that attends soldiers' funerals, reads a program Monday after the funeral service of Army Pfc. Chad Marsh. The soldier died Feb. 18 in Baghdad, Iraq.

Limit on Ferry Damages Rejected

NEW YORK | A federal judge Monday denied the city's request to limit the amount of damages from the 2003 Staten Island ferry crash that killed 11 people and injured dozens in one of the worst mass-transit disasters in city history.

The city had sought to cap awards on outstanding claims at

a total of \$14.4 million under a 19th-century maritime statute. Although many of the ferry lawsuits have already been settled, dozens of plaintiffs are still seeking tens of millions of dollars in damages.

City officials said they were considering an appeal. (AP)

Students' Narcissism On the Rise

Nationwide survey finds today's collegians are more self-centered

NEW YORK | Today's college students are more narcissistic and self-centered than their predecessors, according to a comprehensive new study by five psychologists.

Professor Jean Twenge of San Diego State University and her colleagues, in findings to be presented at a workshop Tuesday in San Diego, examined the responses of 16,475 college students nationwide who completed an evaluation called the Narcissistic Personality Inventory between 1982 and 2006.

The standardized inventory asks for responses to such statements as "If I ruled the world, it would be a better place," and "I can live my life any way I want to."

The researchers describe their study as the largest ever of its type and say students' scores have risen steadily since the current test was introduced in 1982. By 2006, they said, two-thirds of the students had above-average scores, 30 percent more than in 1982. **DAVID CRARY** (AP)



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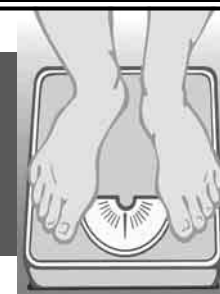
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World



RUNNING DRY: Falling water levels in China's Yangtze River have left 1 million people short of drinking water, state media reported Monday. A severe drought has caused the water level in China's longest river to plunge over the last two weeks, Xinhua News Agency said.

In Brief



A Senegalese newspaper vendor in Dakar hawks updates on the election.

DAKAR, SENEGAL Incumbent President Leads Opponents in Vote Tallies

President Abdoulaye Wade led 14 other contenders Monday as elections officials began tallying results from a vote many hoped would cement Senegal's image as an example of democracy in Africa. Regional observers said Sunday's vote was largely "free and transparent" in most of the country, though military officials said rebels attacked some soldiers carrying ballot boxes in the still-restive southern region of Casamance Sunday night. (AP)

RIYADH, SAUDI ARABIA 3 Foreigners Killed, 1 Hurt By Gunmen on Desert Road

Three Frenchmen who lived in Saudi Arabia were killed by gunmen Monday on the side of a desert road leading to the holy city of Medina in an area restricted to Muslims only. A fourth Frenchman was seriously wounded in the attack. Interior Ministry spokesman Maj. Gen. Mansour al-Turki said it was too early to determine whether the attacks were terror-related. (AP)

PARIS New Poll Shows Royal Now In Tight Race With Sarkozy

A poll released Monday suggests Socialist contender Segolene Royal has rebounded from a recent slump and shows her running neck-and-neck with Interior Minister Nicolas Sarkozy in a likely second-round vote in France's presidential election. The survey shows that Royal and Sarkozy, the governing conservative party's candidate, would both win 50 percent if the second-round vote were held now. (AP)

Iraqi VP Dodges Assassination Try

Bomb tears through meeting hall after it was searched by U.S.

BAGHDAD, IRAQ | Iraq's Shiite vice president narrowly escaped assassination Monday as a blast ripped through a government meeting hall just hours after it was searched by U.S. teams with bomb-sniffing dogs. At least 10 people were killed.

Adel Abdul-Mahdi was slightly wounded in the explosion, which splintered chairs, destroyed a speakers' podium and sent a chilling message that suspected Sunni militants can strike anywhere despite a major security crackdown across Baghdad.

As U.S. forces sealed off the area around the municipal building, investigators grappled with the troubling question of how the bomb was smuggled into the ministry of public works — a seven-story structure with crack surveillance systems from its days as offices for Saddam Hussein's feared intelligence service.

The bomb — possibly hidden in the podium — went off moments after the minister for public works finished a speech in



NOT SO SECURE: Iraqi army soldiers escort a man who was arrested in the vicinity of a government building in Baghdad after an explosion tore through the facility.

the third-floor chamber, witnesses said. Abdul-Mahdi had made a welcoming address a few minutes earlier, raising speculation the bomb could have been on a timer-trigger

that missed the vice president by sheer luck.

Among those killed were several ministry employees, police said. More than 25 were wound-

PIVOTAL OIL LAW DRAFTED

→ **The Iraqi Cabinet** approved a draft law Monday to manage the country's vast oil industry and distribute its wealth among the population — a major breakthrough in U.S. efforts to press the country's Shiite, Sunni and Kurdish groups to reach agreements to achieve stability.

→ **Under the measure**, revenues will be distributed to all 18 provinces based on population size — a concession to the Sunnis whose central and western homeland has relatively few proven reserves. (AP)

ed, including the public works minister, Riyad Gharib.

Abdul-Mahdi suffered minor leg injuries and was hospitalized for tests, his office said. He was later released.

Suspicion for the attack fell on Sunni insurgents, who have waged nonstop bombings and attacks against Iraq's majority Shiites for cooperating with the U.S.-backed government.

Abdul-Mahdi is one of two vice presidents. The other, Tariq al-Hashemi, is Sunni. (AP)

4 Jailed Police Die in Guatemala

CUILAPA, GUATEMALA | Gunmen stormed a Guatemalan prison and gunned down four jailed police officers in a mafia hit that was clearly aimed at stopping investigators from finding out who ordered the slayings of three Salvadoran politicians and their driver last week, Guatemala's leader said Monday.

President Oscar Berger said "organized crime gangs" reached the officers' cell Sunday after getting past eight locked doors at the prison, and were responsible for the "violent deaths of four important witnesses who could have helped the investigation." The killings were the latest twist in the bizarre case, which has raised questions about corruption and drug ties in Central America. (AP)

U.N. Court Clears Serbia of Genocide

THE HAGUE, NETHERLANDS | The U.N.'s highest court cleared Serbia Monday of genocide against Muslims in Bosnia's bloody war. But it said the country's former government should have stopped the 1995 slaughter of more than 7,000 Muslim men and boys in Srebrenica and ordered Serb leaders to hand over the alleged architect of the massacre.

The case marked the first time a state had been taken to court over allegations of genocide, although individuals have been convicted in genocide cases linked to massacres in Bosnia and Rwanda.

In a 171-page ruling, the International Court of Justice said the massacre of thousands of Muslims by Bosnian Serb forces at the U.N.-protected Srebrenica enclave was



Protesters rally in the Hague Monday against the court's verdict in the Serbia case.

an act of genocide.

But the 15-judge panel rejected Bosnia's claim that the Serbian state was responsible for the killing, saying it did not have effective control over the Bosnian Serb forces it had helped arm and finance.

Instead, the judges ruled that

Serbia stood by and allowed the massacre to happen.

The ruling sparked outrage in Bosnia, which filed the case, and among dozens of war survivors who gathered outside the gates of the International Court of Justice.

MIKE CORDER (AP)

STOP

GREASING THE WHEELS: Whoa, Greased Lighting! Dutch theatergoers were shocked Sunday night when a would-be John Travolta and his Olivia Newton-John look-alike counterpart were injured as their car plunged into the orchestra pit during a performance of the musical "Grease."

World

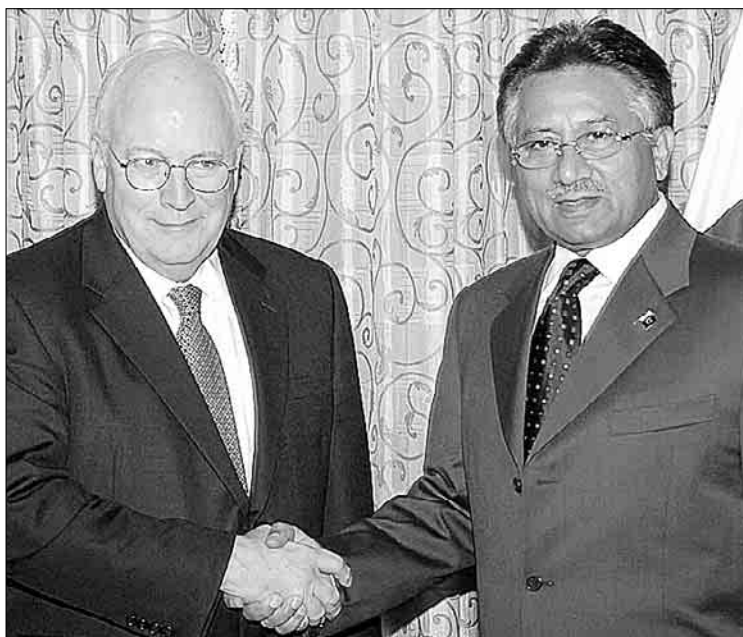
Pakistan Urged to Boost Terror Fight

Cheney voices Taliban worries; al-Qaeda still in country, officials say

ISLAMABAD, PAKISTAN | Underscoring growing alarm in the West at how militants have regained ground in Afghanistan and Pakistan, Vice President Dick Cheney on Monday sought Pakistani aid to help counter al-Qaeda's efforts to regroup, officials said.

However, President Gen. Pervez Musharraf insisted his forces have already "done the maximum" possible against extremists in their territory — and insisted that other allies also shoulder responsibility in the U.S.-led war on terrorism.

Cheney, accompanied by CIA deputy director Steve Kappes, made an unannounced stop in Pakistan



KEY PLAYERS: Vice President Dick Cheney and Pakistani President Pervez Musharraf shake hands during Cheney's unannounced trip to Islamabad on Monday.

en route to Afghanistan.

The vice president made no public comment in Pakistan, but a senior aide to Musharraf said they held detailed talks.

"Cheney expressed U.S. apprehensions of regrouping of al-Qaeda in the tribal areas and called for concerted efforts in countering the threat," Musharraf's office said.

He also "expressed serious U.S. concerns on the intelligence being picked up of an impending Taliban and al-Qaeda 'spring offensive' against allied forces in Afghanistan," the statement said.

There are signs of U.S. and NATO frustration at Musharraf's limited success in disrupting Pakistan-based Taliban fighters and in trapping Taliban and al-Qaeda leaders suspected of holing up in tribal areas of Pakistan. (AP)

U.K. Officials May Take Obese Boy From Family

LONDON | Authorities are considering taking an 8-year-old boy who weighs 218 pounds into protective custody unless his mother improves his diet, officials said Monday.

Social service officials will meet with family members Tuesday to discuss the health of Connor McCreadie, who weighs more than three times the average for his age.

"The worst case would be Connor getting taken into care. He is well cared for," the boy's mother, Nicola McKeown, told ITV television.

An unidentified health official was quoted as telling the Sunday Times that taking custody of Connor would be a last resort, but said the family had repeatedly failed to attend meetings with nurses, nutritionists and social workers. (AP)

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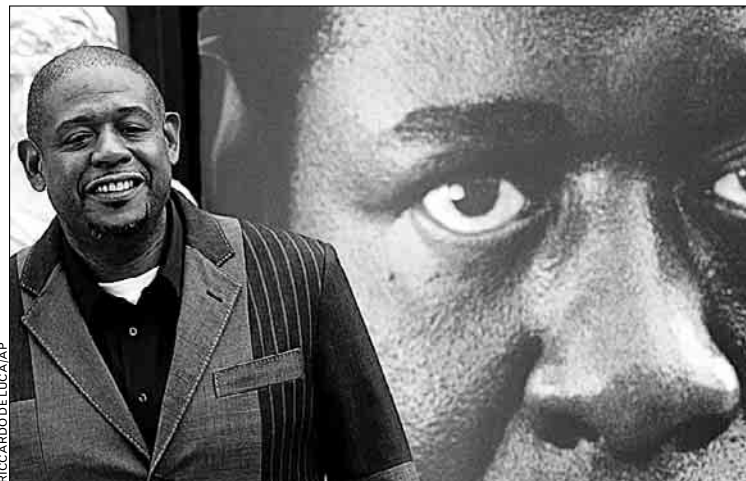
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8 | EXPRESS | 02.27.2007 | TUESDAY

World



Forest Whitaker's Oscar-winning portrayal of Idi Amin in "The Last King of Scotland" has introduced a younger generation of Ugandans to a tumultuous history.

Making History On the Big Screen

'Last King of Scotland'
captivates Ugandans,
stirs painful memories

KAMPALA, UGANDA | She was 11 time zones away from Hollywood, but movie buff Marion E. Busingye could not wait to see whether "The Last King of Scotland" — a rare and terrifying look at Uganda's bloody political history — would win an Oscar.

So she stayed up. And up. And up. And up.

Shortly after 8 a.m., she got her reward: Forest Whitaker won the Best Actor award for his portrayal — by turns charming, paranoid and shockingly cruel — of Ugandan dictator Idi Amin.

"Yeah!" Busingye, 33, shouted while slumping groggily into her couch. Then she fell asleep.

So climaxed nine days of extraordinary attention to a film that, though intended mainly for Western audiences, has captivated Ugandans unaccustomed to seeing their lives portrayed on the big screen.

And Uganda is just the latest in a string of African nations, including South Africa, Rwanda, Kenya and Sierra Leone, to be featured in award-winning films in recent years as the continent has become a popular source of fresh story lines.

Since Feb. 17, when Whitaker attended the premiere of "The Last King of Scotland" here along with President Yoweri Museveni, the movie has spawned front-page stories, painful remembrances and occasional rebukes while also acquainting a new generation of Ugandans with a painful history their parents and teachers had rarely discussed with the vividness captured by the film.

Weekend showings at the mul-

A Never-Ending Story

→ The stir over "The Last King of Scotland" has raised differing opinions among Ugandans over whether Idi Amin's life was accurately portrayed. | **Today, AI**

IN *The Washington Post*

tiple were sold out.

Some Ugandans said they hope to eventually see African lives rendered more fully in mainstream cinema, with the occasional romantic comedy, perhaps, mixed in with the agonizing historical dramas. But for Ugandans too young to have clear memories of Amin's reign, "The Last King of Scotland" gave them a welcome dose of insight into their own national history.

"After seeing the movie," commented Alice Mwesigwa, 32, "it was, 'Wow, this is real.'"

CRAIG TIMBERG (THE WASHINGTON POST)

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Local

Museum Funding Probed

Audit of Smithsonian prompts Congress to examine finances

WASHINGTON | Congress is taking another hard look at the Smithsonian Institution's funding and governance after an audit showed the top official at the museum complex had nearly \$90,000 in unauthorized expenses, including private jet travel and expen-

sive gifts.

Lawrence M. Small, 65, who became secretary of the Smithsonian in 2000, will earn \$915,698 this year in total compensation — more than double his starting salary. He has also received more than \$1 million during the past seven years for making his house available for official functions, the confidential audit by the Smithsonian inspector general and an independent firm showed.

Sen. Charles Grassley, R-Iowa,

released documents from the report Monday.

Grassley, who requested the report last year while chairman of the Senate Finance Committee, expressed outrage at the findings and said Small's compensation takes money away from the Smithsonian's 18 museums and the National Zoo — which need repairs.

"The Smithsonian is a cherished American institution," he said.

BRETT ZONGKER (AP)

Interim Gallaudet President Vows Improvement

WASHINGTON | The interim president of Gallaudet University said he's committed to high standards and working on proposals to strengthen programs at the school.

Robert Davila said he wants to improve recruiting, enrollment and retention at the school, the nation's only liberal arts college for the deaf and hard of hearing. He also is working on a shared governance plan to involve more students and staff in university decisions.

Earlier this year, the Middle States Commission on Higher Education said it was delaying a decision about whether to renew the school's accreditation. A federal report that rated Gallaudet "ineffective" prompted the body to request more information from the school. (AP)

IN The Washington Post | TOO COOL FOR SCHOOL



THE HEAT IS OFF: The flooring and heating unit in the boys' restroom, shown Monday, at Martin Luther King Jr. Elementary in Southeast will be one of the items repaired as part of a construction blitz for D.C. public schools. ♦ **Quick fix:** The school is one of three to receive immediate attention for repairs, officials said Monday. | Today's Post, Metro



BY THE NUMBERS: BGE hopes to put program-mable thermostats and control switches in 1,000 Maryland homes by the summer.

The Lotteries

Monday, February 26

DISTRICT

Mid-day Lucky Numbers **2-9-0**
Evening Lucky Numbers **9-4-7**
Mid-day DC 4 **4-4-3-7**

Evening DC 4 **8-9-6-9**
Rolling Cash Five **27-19-11-3-9**
Daily 6 **15-23-13-17-33-2 (8)**

MARYLAND

Mid-day Pick 3 **7-9-4**
Evening Pick 3 **6-2-2**
Mid-day Pick 4 **4-0-6-0**
Evening Pick 4 **9-0-6-7**
Match 5 **1-9-23-29-32 (26)**

VIRGINIA

Mid-day Pick 3 **7-3-8**
Mid-day Pick 4 **6-1-4-0**
Mid-day Cash 5 **2-7-20-22-29**

All winning numbers are official only when validated at a lottery ticket location or a lottery claims office. Drawings that occur after Express's deadline will be published two days later.

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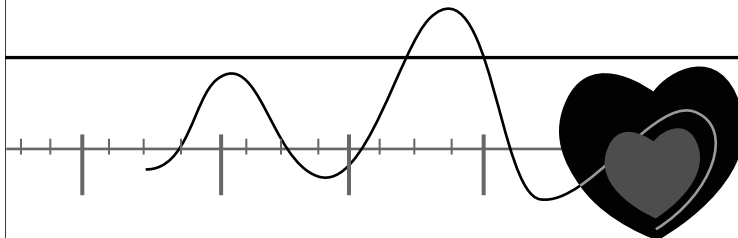
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The National Institute of Mental Health
National Institutes of Health, Department of Health & Human Services



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Study 2: Inpatient study
(04-DK-0061)

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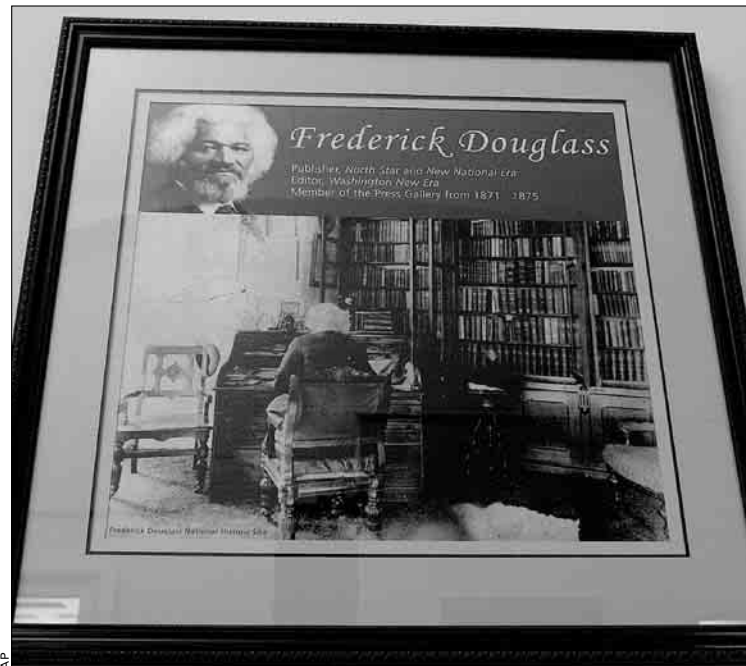
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(TTY: 1-866-411-1010)

<http://patientinfo.nimh.nih.gov>
or for other studies: www.clinicaltrials.gov

We could go on all day.

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Local



A plaque in the House Press Gallery honoring Frederick Douglass was dedicated Monday. He was honored for his role as a pioneering journalist on Capitol Hill.

Capitol Gallery Honors Douglass

Civil rights proponent was first black allowed in journalists' seating

WASHINGTON | Frederick Douglass is known for fiercely opposing slavery after running away from his Maryland owner, for championing equal rights and women's rights and for being a forceful speaker.

But he spent much of his life as a journalist, first publishing a newspaper in Rochester, N.Y. — where he lived near the Canadian border to be able to get away if pursued — and then in the nation's capital.

Douglass was the first black reporter allowed into the Capitol press galleries, where journalists watch lawmakers on the floors of the House and Senate.

His role as a pioneering journalist was honored Monday during Black History Month when the committee that controls access to the galleries dedicated a plaque and portrait of

him in the House Press Gallery.

Douglass was a member of the congressional press galleries from 1870 to 1874.

"We know he was here because the congressional directory, then as now, prints a list of everybody who sat in the gallery," said Senate historian Donald Ritchie. He said the names of Douglass and at least one of Douglass' sons were listed.

Douglass came to Washington in 1870 after he was asked to be editor of the New National Era, which chronicled the progress of blacks throughout the country. He later bought the paper after it ran into money trouble, but the enterprise collapsed in 1874 after a post-Civil War financial crisis wiped out many businesses in the city. He continued to visit the Capitol, Ritchie said.

"The African-American community really wanted to know what was happening in Congress during Reconstruction," Ritchie said.

DARLENE SUPERVILLE (AP)



BY THE NUMBERS: Maryland Gov. Martin O'Malley is backing a bill to mandate at least \$11.95 an hour for state contractors' employees. He also supports letting unions charge state workers, regardless of union membership, whose interests they represent in collective bargaining.

Money

Power Producer to Be Sold

Private-equity firms plan to acquire Texas' TXU for record \$32B

DALLAS | TXU Corp., Texas' largest electricity producer, said Monday it has agreed to be sold to a group of private-equity firms for about \$32 billion in what would be the largest private buyout in U.S. corporate history if shareholders and regulators go along with it.

Kohlberg Kravis Roberts & Co. and Texas Pacific Group led a group that included Goldman Sachs & Co. and three other Wall Street firms that will pay \$69.25 per share for TXU. They will also assume about \$13 billion in debt.

The firms won support for the

buyout from some environmentalists critical of TXU by agreeing to sharply scale back TXU's controversial \$10 billion plan to build 11 new coal-fired power plants that would produce tons of new greenhouse gas emissions.

They also agreed to cut electricity prices 10 percent, which they said would save TXU residential customers more than \$300 million per year, and limit prices until September 2008.

TXU directors voted Sunday night to recommend that shareholders approve the sale. The price represents a 15 percent premium to TXU's closing stock price on Friday.

The deal would top the previous biggest private buyout ever

of \$25.1 billion, set in 1988 when Kohlberg Kravis acquired RJR Nabisco.

Private-equity firms have often steered clear of utilities, viewing them as highly regulated businesses with relatively low return on investment. But Texas deregulated its electricity market in 2002, and TXU is generating tremendous amounts of cash and profit — Wall Street expects the company to report Tuesday that it earned about \$2.5 billion in 2006.

TXU, with more than 2.3 million customers, has prospered because electricity rates in Texas are tied to the price of natural gas while TXU generates much of its power more cheaply at coal and nuclear plants. DAVID KOENIG (AP)

Canceled JetBlue Flights Test Policy

NEW YORK | JetBlue canceled 68 flights because of snow Monday, testing the airline's pledge to compensate customers for more than 1,000 canceled flights during the Valentine's Day storm two weeks earlier.

However, the embattled carrier was not alone this time, as other carriers also grounded flights in and out of the Northeast.

JetBlue customers described



JetBlue had to cancel more flights on Monday due to snow in the Northeast.

delays, bad communication from crew members, and general frustration early Monday, echoing the type of complaints that led to the company's bill of rights following the last storm.

JetBlue Airways Corp. spokeswoman Alison Eshelman said that in accordance with the customer bill of rights, each of the affected passengers would receive \$100 vouchers good for any future flight and their choice of either a refund or accommodation on a future flight. (AP)

Market Action

New York Stock Exchange

Gainers

STOCK	LAST	DAILY CHANGE	DAILY PERCENT CHANGE
ChmpE	8.64	+1.27	+17.2
HUB Int g	39.59	+5.10	+14.8
TXU Corp	67.93	+7.91	+13.2
TempleIn	62.01	+7.06	+12.8
APT Sat	2.50	+2.27	+12.1

Losers

CNA Sure	20.06	-1.67	-7.7
ExcelIM	18.63	-1.54	-7.6
ClaireStrs	32.52	-2.45	-7.0
NovaStar	7.96	-.52	-6.1
Lydall	13.56	-.86	-6.0

NASDAQ Stock Market

Gainers

STOCK	LAST	DAILY CHANGE	DAILY PERCENT CHANGE
NVE Corp	26.97	+4.62	+20.7
DayStar	4.37	+.73	+20.1
AscentSol	4.92	+.80	+19.4
ASAT rs	2.02	+.30	+17.6
Iomai	5.61	-.15	-2.6

Losers

ForcePro n	17.00	-2.89	-14.5
NymoxPh	5.74	-.83	-12.6
NeoPharm	2.05	-.25	-10.9
Icagen	2.18	-.25	-10.3
DblEgl	18.36	-2.03	-10.0

Rates

	CURRENT	PREVIOUS WEEK
Prime Rate	8.25	8.25
Fed Funds close	5.25	5.25
3-month disc	5.035	5.04
2-year	4.75	4.84
10-year	4.63	4.69
30-year	4.73	4.79

Currency (Dollars in foreign currency)

	TODAY	PREVIOUS DAY	YEAR AGO
British Pound	.5091	.5092	.5732
Canadian Dollar	1.1601	1.1592	1.1479
European Euro	.7584	.7597	.8422
Japanese Yen	120.57	121.04	116.82
Mexican Peso	11.0771	11.0475	10.4540
Taiwanese Dollar	32.98	33.03	32.48

DOW	NASDAQ	S&P 500
-15.22	-10.58	-1.82
-0.12	-0.42	-0.13
12632.26	2504.52	1449.37

Biotech Stocks

STOCK	LAST	DAILY CHANGE	YEAR TO DATE PERCENT CHANGE
Amgen	66.20	-.03	-3.1
Amylin	40.85	+.70	+13.3
BiogenIdc	47.17	+.27	-4.1
Celgene	57.22	+.94	-.5
ChRvLab	46.35	-.25	+7.2
GenProbe	48.57	-.29	-7.3
Genentch	85.75	+.26	+5.7
Genzyme	63.65	-.64	+3.4
GileadSci	74.05	+.42	+14.0
Imclone	30.13	-.19	+12.6
Invitrogn	66.19	-.13	+17.0
MedImm	33.04	+.25	+2.1
MillPhar	11.39	+.13	+4.5
QIAGEN	17.28	-.05	+14.2
VertxPh	31.62	-.51	-15.5

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For more information call **1-800-411-1222** (TTY: 1-866-411-1010)

Ref: HIV Research Study #05-I-0065 or visit <http://clinicaltrials.gov>

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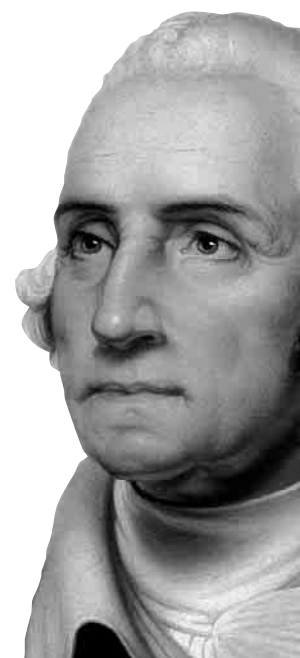
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WHO | WHAT | WHERE | WHEN | WHY

“... Various zombies keep showing up and eating people ...
... The film is Bergman's 'Scenes From a Marriage' without the boring parts—wait, I'm not suppose to say that ...
... Baby, when you walk out of a movie thinking, 'Say, that Heather Locklear was pretty darn good,' the movie's got some problems ...”

Stephen Hunter | Film Critic

Fridays in Style and Weekend

The Washington Post

N225 5x2

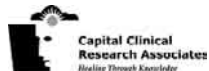
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WHO

WHAT

WHERE

WHEN

WHY

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... She's no Elizabeth Montgomery ...
... Somewhere, 'The Island' is still running, all 274 hours of it ... ”

Ann Hornaday | Film Critic

Style and Weekend

The Washington Post

N357 5x2

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HUMANITARIAN EFFORT: Sabres fans have started two separate charities to help coach Lindy Ruff pay the \$10,000 the NHL fined him for helping spark a brawl between the Sabres and Senators. Ruff said he will not use the money to pay the fine, but will donate the money to charity.



Sports



Freshman Greg Oden celebrates after Ohio State beat Wisconsin on Sunday.

Ohio State Is Nation's Top Team

Georgetown moves up to No. 9, and Terps reenter poll at No. 25

COLLEGE HOOPS | Ohio State took over the No. 1 spot in The Associated Press college basketball poll Monday, the first time the Buckeyes have held the top ranking since 1962 when they were led by Jerry Lucas and John Havlicek and on a run of three straight Final Fours.

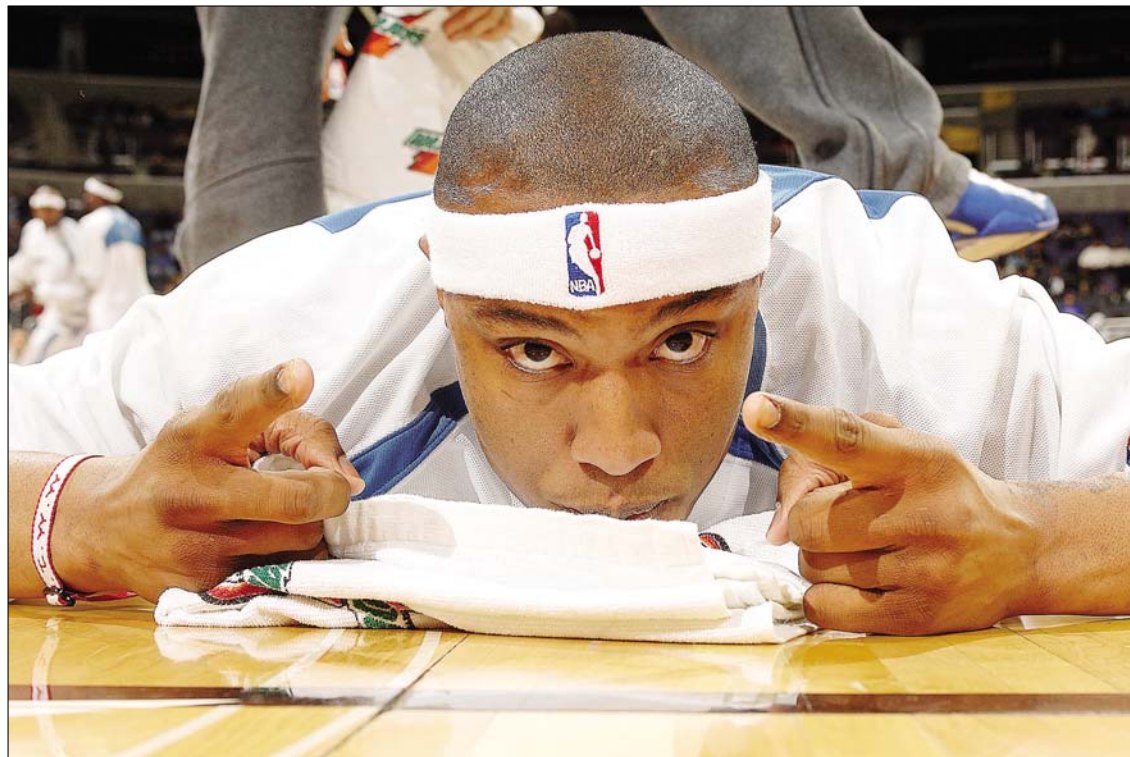
Ohio State (26-3) moved up one spot in the rankings, receiving 62 first-place votes and 1,786 points from the national media panel.

UCLA (25-3), which locked up the Pac-10 title this weekend, moved from fourth to second. The Bruins received the other 10 first-place votes and had 1,729 points.

Kansas jumped from sixth to third and Wisconsin, which also lost to Michigan State last week, fell to fourth after reaching No. 1 for the first time in school history. Florida, which lost to LSU on Saturday, fell from third to fifth.

Memphis, which has the nation's longest current winning streak at 17 games, moved up one spot to sixth, its highest ranking of the season, and was followed by Texas A&M, North Carolina and Georgetown.

Maryland reentered the Top 25 at No. 24 after beating UNC. (AP)



BACK TO WORK? Caron Butler, who missed his first game of the year on Sunday due to back issues, may return on Tuesday.

Butler Is Still Day-to-Day

Jamison practices for the first time since his injury, but isn't ready

WIZARDS | Washington Wizards All-Star forward Caron Butler remained sidelined Monday with lower back spasms, while Antawn Jamison returned to practice for the first time since injuring his knee last month.

Butler was unable to play in Sunday's 98-94 loss at Minnesota, the first game he has missed this season, and his status is uncertain for Tuesday's game against the New Jersey Nets.

"Caron is certainly a game-time decision," coach Eddie Jordan said.

Butler said his back had been

bothering him for a week and was aggravated when the Wizards had to take a 160-mile bus ride to Minneapolis late Saturday because of a diverted flight.

"It's real tight and I am not as mobile as I want to be out there,"

Jamison: 'I Feel Good'

→ Antawn Jamison said he feels good, and coach Eddie Jordan said he looked good in practice. So what's keeping him from making an early return? | **Today, Sports**

IN The Washington Post

Butler said. "If it was something I could play through, I would definitely play through it, but it got to the point where it was too hard. I want to be a hero, but I want to be a healthy one."

Butler is the Wizards' second-leading scorer (20.3) and rebounder (7.6). Jarvis Hayes started in Butler's place Sunday and went 1-for-10 from the field.

Jamison sprained his left knee against Detroit on Jan. 30 and was expected to miss three to six weeks. Jordan said Jamison looked good in practice but "is still little ways away" from playing in a game.

"The main thing is to make sure my knee is getting stronger and that I am able to go through traffic and see how it holds up," Jamison said. "So far, so good."

Jamison was the only one of the Wizards' Big Three to practice. Leading scorer Gilbert Arenas sat out to rest his sore shoulder and sore left knee, but he is expected to play Thursday. (AP)

Ullrich, 33, Retires From Cycling

CYCLING | Jan Ullrich ended his cycling career Monday but not the doping suspicions which surrounded the former Tour de France champion.

The 33-year-old German, who won the Tour in 1997 and was runner-up five times, announced

his retirement eight months after being implicated in a Spanish doping scandal.

"It was a good time and I would do it the same way again," Ullrich said, "even the bad times."

He said he will stay in the sport as a consultant for the Austrian-

based Volksbank team.

Ullrich criticized the way he had been treated by cycling officials in Germany and Switzerland and by the German media.

"I feel like a serious criminal although I have nothing to reproach myself," he said. "People have made a name for themselves at my cost. Some were 100 percent lies." (AP)

Swengali

CAPITALS | BY MATT SWENSON

Capitals Should Look to Trade

THE WASHINGTON CAPITALS are not going to the playoffs.

This should not be news to anyone, especially given the team's most recent slide. Washington has won only one of its past seven games — and that's not the first bad run of its kind this season.

Armed with that information, GM George McPhee should act accordingly as the NHL trade deadline approaches Tuesday at 3 p.m.

That means McPhee should make every player available who isn't Olie Kolzig or a Russian forward named or Alex.

There are few consequences if someone like Dainius Zubrus or Richard Zednik (sent to the Islanders Monday) — or both — is dealt.

Attendance can't get any worse. For better or worse, the team's fans are so loyal they will show up no matter what.

Collecting prospects and high draft picks has worked exceedingly well for the Penguins.

To get more seats filled, Washington will need to offer hope that it won't be another nine years before the city hosts a Stanley Cup finals game. Fringe fans around here know how to jump on a bandwagon.

Collecting prospects and high draft picks has worked exceedingly well for the Penguins.

McPhee has proven he has a good eye for talent. The Alexanders — Ovechkin and Semin — are great starting points.

A few more young studs and suddenly the Capitals will make great gains — on the ice and in the stands.



Late Game: Georgetown's game vs. Syracuse ended after Express' deadline. For results | **Today's Post, Sports**



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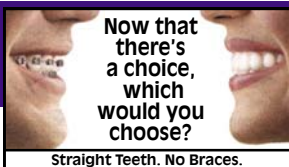
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Sports

Zednik Is First of Caps to Be Traded

Team could dump more players before the 3 p.m. trade deadline

CAPITALS | The New York Islanders, locked in a tight race to make the Eastern Conference playoffs, added some offense Monday when they acquired right wing Richard Zednik from the Washington Capitals for a second-round draft pick.

Zednik has six goals and 12 assists for the Capitals this season. He has also missed 31 games with wrist and groin injuries.

"Richard is a proven offensive talent," New York general manager Garth Snow said. "When you can add a player with his skill and competitiveness for a playoff push at a fair cost, you do it. We believe Richard will fit in well with our team."

Zednik is set to become an unrestricted free agent on July 1. The Capitals attempted to sign him to a contract extension, but general manager George McPhee said the two sides were "not very close" to a deal.

The move is the first of what could be several before Tuesday's deadline for the Capitals, who have fallen out of playoff contention after a competitive start to the season.



Richard Zednik, right, was traded to the Islanders on Monday for a draft pick.

The team also traded defenseman Lawrence Nycholat on Monday to the Senators for Andy Hedlund and a sixth-round draft pick.

McPhee said he first realized he would be a seller rather than a buyer when the team had several injuries during the most compact part of the schedule from Christmas through New Year's Day.

"We lost all five games, and we never recovered," McPhee said. "It's really too bad. The team was having a nice season. We didn't have the depth to survive that." (AP)

Fro Adu Commits to George Mason

SOCCER | Fro Adu, the brother of Major League Soccer star Freddy Adu, has signed a national letter of intent with George Mason.

Adu will be 16 when he graduates in June from Georgetown Preparatory School, where he has played four years of varsity soccer.

He is also a member of the United States national under-17 team.

"Fro has excellent athletic ability, soccer intelligence and is a great fit for Mason's style of play," said Patriots coach Greg Andrulis. "We expect Fro to make an immediate impact on Mason's soccer program." (AP)

TODAY'S TV LINEUP

WIZARDS (7:30 P.M. ON NEWS CHANNEL 8) The Wizards stay on the road with a game at New Jersey while the status of Caron Butler remains in question.

CAPITALS (7 P.M. ON COMCAST) Hours after the trading deadline, whatever is left of the Washington Capitals will host the

Florida Panthers.

COLLEGE HOOPS (7 P.M. AND 9 P.M. ON ESPN) Michigan State travels to Ann Arbor looking for a season sweep of in-state rival Michigan. Then, Billy Donovan takes his Florida Gators to Tennessee for a battle in the SEC.

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IN THE FUTURE, THERE WILL BE SYNERGY: The Sci Fi Channel has entered into a partnership with Richard Branson's Virgin Comics. The duo will create original comic books with an eye toward bringing the stories to other forms of media.



Entertainment

The Sign of the Times

'Zodiac' examines four men obsessed with a late '60s serial killer

ENDURING MYSTERIES | Nearly four decades ago, a serial killer terrified Northern California and taunted law enforcement with his ciphers and cryptic letters about his crimes. The killer, who called himself the Zodiac, was never found, and the actual number of his victims remains unknown, though he claimed 13. Finding the killer became a decades-long obsession for four men — two police investigators and two newspapermen — who followed the clues and numerous leads that ultimately led nowhere. How that obsession adversely affected their lives and careers is the subject of "Zodiac," opening March 2.

Jake Gyllenhaal, Robert Downey Jr., Mark Ruffalo and Anthony Edwards star as men whose lives became intertwined with the investigation. Gyllenhaal portrays Robert Graysmith, an editorial cartoonist for the San Francisco Chronicle whose interest in solving the mystery is ignited when the killer sends a threatening message to local newspapers.

Director David Fincher ("Se7en," "Fight Club") grew up



SAN FRANCISCO THREAT: In "Zodiac," a film that strives for historical accuracy, Paul Avery (Robert Downey Jr., left) and Robert Graysmith (Jake Gyllenhaal) are newspaper employees who get tangled up in the clues and symbols left by a serial killer.

in the San Francisco area where the killings started in the late '60s. At 7, the monstrous Zodiac spellbound him. With a screenplay based on Graysmith's books (the best-seller "Zodiac" and the follow-up, "Zodiac Unmasked"), Fincher embarked on his own exploration into the mystery.

"Everything we included in the movie, we used from what Robert gave us," he said. Graysmith served as a consultant on the film.

"Everybody became obsessed with this because we hadn't run into anything like this before," Graysmith said. "This was something entirely new back in 1968. This guy was smart enough to market himself: He had a colorful turn of phrase, a trademark, his ciphers and a chilling costume."

Typically, Hollywood fictionalizes or consolidates characters and events when making a film based on a true story. "Zodiac's"

filmmakers insisted on staying completely factual. Fincher went so far as to have the Chronicle newsroom re-created down to exact replicas of the pencils and notebooks that were stocked in the reporters' desks.

"What you see is what happened," said Ruffalo. "Big chunks of time were left out, but there is no dramatic license going on with this movie." ANGELA DAWSON (ENTERTAINMENT NEWS WIRE)

Today's Top Stops

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DR. SKETCHY'S ANTI-ART SCHOOL Ms. Crabapple

1 Founded by Molly Crabapple (pictured) and A.V. Phibes, Dr. Sketchy's is built on the premise that drawing naked people is sexy. They present burlesque dancers, circus freaks and all kinds of people on a stage and let the audience sketch the night away, offering contests and prizes all the while.

→ *The Palace of Wonders*, 1210 H St. NE; 8 p.m., 21+, \$10; 202-398-7469.

To read our conversation with Molly Crabapple, visit readexpress.com

MICHAEL ERIC DYSON Race Debater



2 In his new book, "Debating Race," social critic Michael Eric Dyson presents his discussions about poverty,

culture and the African-American experience and his encounters with the likes of Ann Coulter and John Kerry.

→ *Politics & Prose*, 5015 Connecticut Ave. NW; 7 p.m., free; 202-364-1919. (Van Ness-UDC)

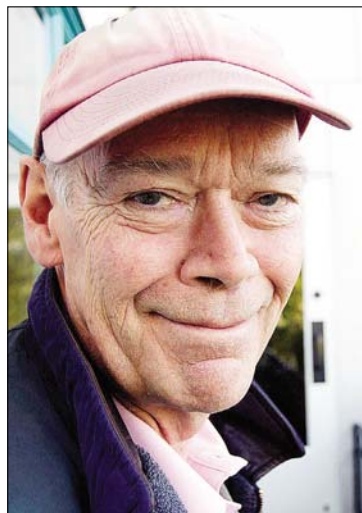
BARRY HARRIS TRIO Take Five

3 Born in 1929, pianist and composer Barry Harris has devoted his life to jazz. Take advantage of this free, interactive event to hear him perform live and speak with him about bebop — he's one of the best ever.

→ *Clarice Smith Performing Arts Center*, Suite 3800, University of Maryland; 5:30 p.m., free; 301-405-ARTS.

WHAT'S HAPPENING?

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SLEEPLESS IN SEATTLE: Raban's new novel worries about personal privacy.

Somebody's Watching

Jonathan Raban offers more than one type of 'Surveillance'

BOOKS | At the heart of Jonathan Raban's "Surveillance" novel are a single mother and writer, Lucy Bengstrom, her young daughter and her neighbor, Tad Zachary, all living in Seattle of the near-future and contending with a security-obsessed government.

Lucy is assigned to write a profile

of an ex-professor, August Vanags, who wrote a memoir about growing up during the Holocaust. Her research makes Lucy suspicious of Vanags. There are two kinds of surveillance in the book. Foremost is the police state-style inspections and their threat to liberty. Criticism of these measures is voiced by Tad. The second level of surveillance is personal snooping: Lucy's landlord musing on the razor in her bathroom, Lucy seeking information that could expose Vanags.

In Lucy, Tad, et al., Raban has crafted believable characters readers can care about. They're stronger than Raban's political message.

The absence of personal privacy could drastically alter the characters' lives. Lucy seems to be on the verge of destroying a best-selling author, while Tad digs for secrets about the landlord that could be used to extort him.

In the end, it's the personal issues that resonate more.

DOUG ESSER (AP)

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Adv. Tix on Sale WILD HOGS (PG-13) ★
Adv. Tix on Sale 300 (R) - ID REQ'D ★
ABANDONED (R) - ID REQ'D DIG (140 535) 815 1045
NUMBER 23, THE (R) - ID REQ'D DIG (1230 300 530) 830 1100
RENO 911: MIAMI (R) - ID REQ'D DIG (1245 315 535) 750 1010
ASTRONAUT FARMER (PG) DIG (135 415) 800 1035
BREACH (PG-13) DIG (145 440) 720 1005
GHOST RIDER (PG-13) DIG (130 200 445 515) 730 800 1005 1035
BRIDGE TO TERABITHIA (PG) DIG (1230 300 530) 805 1030
TYLER PERRY'S: DADDY'S LITTLE GIRLS (PG-13) DIG (100 130 430 500) 530 715 745 815 945 1015 1045
MUSIC AND LYRICS (PG-13) DIG (145 430) 715 945
NORBIT (PG-13) DIG (115 445) 730 1000
MESSENGERS, THE (PG-13) DIG 1040
STOMP THE YARD (PG-13) DIG (150 440) 745

BETHESDA 10
7272 Wisconsin Avenue 800-FANDANGO 569#

Adv. Tix on Sale WILD HOGS (PG-13) ★
Adv. Tix on Sale 300 (R) - ID REQ'D ★
AMAZING GRACE (PG) DIG (100 400) 715 1000
NUMBER 23, THE (R) - ID REQ'D DIG (115 445) 745 1015
RENO 911: MIAMI (R) - ID REQ'D DIG (100 300 500) 730 945
ASTRONAUT FARMER (PG) DIG (200 430) 715 1000
BREACH (PG-13) DIG (200 445) 800 1030
GHOST RIDER (PG-13) DIG (130 430) 745 1030
BRIDGE TO TERABITHIA (PG) DIG (115 415) 700 930
TYLER PERRY'S: DADDY'S LITTLE GIRLS (PG-13) DIG (145 415) 645 930
MUSIC AND LYRICS (PG-13) DIG (145 500) 730 945
NORBIT (PG-13) DIG (130 400) 700 1015

POTOMAC YARD STADIUM 16
3575 Jefferson Davis Hwy 800-FANDANGO 690#

Adv. Tix on Sale WILD HOGS (PG-13) ★
Adv. Tix on Sale 300 (R) - ID REQ'D ★
NUMBER 23, THE (R) - ID REQ'D DIG (250 520) 750 1020
RENO 911: MIAMI (R) - ID REQ'D DIG (240 500) 720 940
ASTRONAUT FARMER (PG) DIG (215 450) 735 1010
BREACH (PG-13) DIG (200 445) 730 1015
GHOST RIDER (PG-13) DIG (105 135 205 355 425 455) 640 710 740 925 955 1025
BRIDGE TO TERABITHIA (PG) DIG (110) 645
BRIDGE TO TERABITHIA (DIGITAL) (PG) DIG (140 430) 730 955
MUSIC AND LYRICS (PG-13) DIG (1100 145 415) 705 945
TYLER PERRY'S: DADDY'S LITTLE GIRLS (PG-13) DIG (120 150 220 410 440 510) 650 725 800 930 1000 1030
NORBIT (PG-13) DIG (100 350) 630 910
HANNIBAL RISING (R) - ID REQ'D DIG (155 505) 805
BECAUSE I SAID SO (PG-13) DIG (130 420) 700
MESSENGERS, THE (PG-13) DIG 935
BRIDGE TO TERABITHIA (DTS-CSS/OPE) (PG) DIG (400) 920

COUNTRYSIDE STADIUM 20
45980 Regal Plaza 800-FANDANGO 394#

Adv. Tix on Sale WILD HOGS (PG-13) ★
Adv. Tix on Sale 300 (R) - ID REQ'D ★
AMAZING GRACE (PG) DIG (120 420) 720 1020
ABANDONED (R) - ID REQ'D DIG (200 440) 715 1000
NUMBER 23, THE (R) - ID REQ'D DIG (1140 210 450) 740 1035
RENO 911: MIAMI (R) - ID REQ'D DIG (1145 1245 240 320 515 545) 750 820 1010 1040
ASTRONAUT FARMER (PG) DIG (215 500) 745 1025
BRIDGE TO TERABITHIA (DTS-CSS/OPE) (PG) DIG (310) 900
BREACH (PG-13) DIG (1215 315) 700 1015
GHOST RIDER (PG-13) DIG (1130 1230 130 230 330 430 530) 630 730 830 930 1030
BRIDGE TO TERABITHIA (PG) DIG (1125 1150 1250 150 250 410 510) 610 710 810 950
MUSIC AND LYRICS (DIGITAL) (PG-13) DIG (1220 350) 650 940
TYLER PERRY'S: DADDY'S LITTLE GIRLS (PG-13) DIG (140 400) 645 915
NIGHT AT THE MUSEUM (PG) DIG (1200 245 540) 840

ROCKVILLE CENTER STADIUM 13
Rockville Town Center 800-FANDANGO 248#

Adv. Tix on Sale WILD HOGS (PG-13) ★
Adv. Tix on Sale 300 (R) - ID REQ'D ★
NUMBER 23, THE (R) - ID REQ'D DIG (200 500) 800 1015
RENO 911: MIAMI (R) - ID REQ'D DIG (145 445) 745 1000
ASTRONAUT FARMER (PG) DIG (115 415) 715 945
AMAZING GRACE (PG) DIG (115 415) 715 1000
BREACH (PG-13) DIG (130 430) 730 1015
GHOST RIDER (PG-13) DIG (100 145 400 445) 700 745 945 1030
LAST KING OF SCOTLAND (R) - ID REQ'D DIG 730 1015
BRIDGE TO TERABITHIA (PG) DIG (100 400) 700 930
TYLER PERRY'S: DADDY'S LITTLE GIRLS (PG-13) DIG (215 515) 615 1030
MUSIC AND LYRICS (PG-13) (200 500) 800 1030
NORBIT (PG-13) DIG (215 515) 815 1045
HANNIBAL RISING (R) - ID REQ'D DIG (400) 700
NIGHT AT THE MUSEUM (PG) DIG (130 430)
SMOKIN ACES (OPEN CAPTION) (R) - ID REQ'D DIG (115) 945

FAIRFAX TOWNE CENTER 10
4110 W Ox Road 800-FANDANGO 670#

Adv. Tix on Sale WILD HOGS (PG-13) ★
Adv. Tix on Sale 300 (R) - ID REQ'D ★
ASTRONAUT FARMER (PG) DIG (115 200 400 445) 710 745 945 1015
AMAZING GRACE (PG) DIG (120 420) 720 1010
BREACH (PG-13) DIG (100 140 340 420) 650 730 930 1000
GHOST RIDER (PG-13) DIG (110 350) 700 940
GHOST RIDER (PG-13) DIG (150 230 430 520) 740 810 1020
TYLER PERRY'S: DADDY'S LITTLE GIRLS (PG-13) DIG (130 410) 720 950
PAN'S LABYRINTH (R) - ID REQ'D (105) 645
LAST KING OF SCOTLAND (R) - ID REQ'D (345) 935

GERMANTOWN STADIUM 14
20000 Century Blvd 800-FANDANGO 455#

Adv. Tix on Sale WILD HOGS (PG-13) ★
Adv. Tix on Sale 300 (R) - ID REQ'D ★
RENO 911: MIAMI (R) - ID REQ'D DIG (1230 250 515) 745 1030
NUMBER 23, THE (R) - ID REQ'D DIG (100 445) 730 1015
ASTRONAUT FARMER (PG) DIG (1245 415) 715 1000
GHOST RIDER (PG-13) DIG (100 215 415 500) 730 815 1015 1045
BRIDGE TO TERABITHIA (PG) DIG (1245 130 400 445) 700 745 930 1015
BREACH (PG-13) DIG (110 430) 715 1000
TYLER PERRY'S: DADDY'S LITTLE GIRLS (PG-13) DIG (1230 330) 700 945
MUSIC AND LYRICS (PG-13) DIG (115 410) 800 1020
NORBIT (PG-13) DIG (115 430) 815 1040
HANNIBAL RISING (R) - ID REQ'D DIG (110 450) 800 1045
BECAUSE I SAID SO (PG-13) DIG (1250 345) 645 950
MESSENGERS, THE (PG-13) DIG (1240 410) 645
NIGHT AT THE MUSEUM (PG) DIG (1240 410) 645

UA SNOWDEN SQ STADIUM 14
9161 Commerce Ctr Dr 800-FANDANGO 570#

Adv. Tix on Sale WILD HOGS (PG-13) ★
Adv. Tix on Sale 300 (R) - ID REQ'D ★
RENO 911: MIAMI (R) - ID REQ'D DIG (1245 345) 730 1010
NUMBER 23, THE (R) - ID REQ'D DIG (200 445) 745 1000
ASTRONAUT FARMER (PG) DIG (130 415) 700 930
AMAZING GRACE (PG) DIG (100 400) 715 1010
BREACH (PG-13) DIG (115) 715
GHOST RIDER (PG-13) DIG (1230 130 330 430) 700 745 945 1020
BRIDGE TO TERABITHIA (PG) DIG (1230 315) 645 915
TYLER PERRY'S: DADDY'S LITTLE GIRLS (PG-13) DIG (1245 315 415) 645 930 1020
MUSIC AND LYRICS (PG-13) DIG (115 400) 730 1010
NORBIT (PG-13) DIG (115 400) 800 1030
BECAUSE I SAID SO (PG-13) DIG (145 430) 800 1030
QUEEN, THE (RE-ISSUE) (PG-13) DIG (100 330) 630 915
NOTES ON A SCANDAL (R) - ID REQ'D DIG (200 445) 815 1030
BREACH (DTS-CSS/AUDIO) (PG-13) DIG (345) 945

MANASSAS STADIUM 14
11380 Bulloch Drive 800-FANDANGO 490#

Adv. Tix on Sale WILD HOGS (PG-13) ★
Adv. Tix on Sale 300 (R) - ID REQ'D ★
AMAZING GRACE (PG) DIG (1240 340) 725 1010
NUMBER 23, THE (R) - ID REQ'D DIG (1205 235 455) 720 945
RENO 911: MIAMI (R) - ID REQ'D DIG (1155 210 425) 740 950
ASTRONAUT FARMER (PG) DIG (110 400) 735 1005
BREACH (PG-13) DIG (115 410) 705 940
GHOST RIDER (PG-13) DIG (1220 1255 310 350) 645 715 930 955
BRIDGE TO TERABITHIA (PG) DIG (1210 100 230 325 450) 700 745 920 1005
TYLER PERRY'S: DADDY'S LITTLE GIRLS (PG-13) DIG (1150 220) 440 755 1015
MUSIC AND LYRICS (PG-13) DIG (1150 220 440) 755 1020
NORBIT (PG-13) DIG (1225 315) 650 930
BECAUSE I SAID SO (PG-13) DIG (100 325) 640 915
MESSENGERS, THE (PG-13) DIG 935
NIGHT AT THE MUSEUM (PG) DIG (1250 335) 650

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AMC Select - Special films for select tastes.

AMC HOFFMANN CENTER 22
Eisenhower Ave and Telegraph Road in Alexandria
703-998-4AMC

THE ABANDONED (R) 3:00, 5:25, 8:05, 10:50
ASTRONAUT FARMER (PG) ✓ 1:20, 4:20, 7:15, 10:05
THE NUMBER 23 (R) ✓ 2:20, 5:05, 7:45, 10:40
RENO 911: MIAMI (R) ✓ 2:10, 4:45, 7:05, 9:45
BREACH (PG13) 1:15, 4:15, 7:20, 10:10
BRIDGE TO TERABITHIA (PG) 2:30, 3:40, 4:50, 6:40, 7:40, 9:15, 10:20
GHOST RIDER (PG13) 1:30, 2:30, 3:30, 4:30, 5:30, 6:30, 7:30, 8:30, 9:30, 10:30
GHOST RIDER (PG13) [CC] [DV] 2:30, 5:30, 8:30
MUSIC AND LYRICS (PG13) 3:45, 6:45, 7:45, 9:40, 10:45
TYLER PERRY'S DADDY'S LITTLE GIRLS (PG13) 1:00, 2:00, 3:00, 4:00, 5:00, 6:00, 7:00, 8:00, 9:00, 10:00
HANNIBAL RISING (R) 2:15, 5:10, 8:20
NORBIT (PG13) 1:35, 2:35, 3:35, 4:40, 5:35, 6:35, 7:35, 8:35, 9:35, 10:35
BECAUSE I SAID SO (PG13) 1:40, 4:05, 6:50
THE MESSENGERS (PG13) 9:25 PM
SMOKIN' ACES (R) 2:45, 5:40, 8:15, 10:50

AMC SELECT
AMAZING GRACE (PG) 1:45, 4:25, 7:30, 10:15
LETTERS FROM IWO JIMA (R) 1:25, 4:35

AMC SPRINGFIELD MALL 10
Loisdale and Franconia Road
703-971-3991

ASTRONAUT FARMER (PG) ✓ 4:30, 7:15
THE NUMBER 23 (R) ✓ 1:10, 3:30, 5:55, 8:30
RENO 911: MIAMI (R) ✓ 1:00, 3:15, 5:30, 7:30
BREACH (PG13) 4:45, 7:30
BRIDGE TO TERABITHIA (PG) 1:15, 3:30, 5:45, 8:00
GHOST RIDER (PG13) 1:30, 4:00, 7:00
MUSIC AND LYRICS (PG13) 5:35, 8:30
TYLER PERRY'S DADDY'S LITTLE GIRLS (PG13) 5:15, 8:00
NORBIT (PG13) 4:15, 7:00
THE MESSENGERS (PG13) 7:05
NIGHT AT THE MUSEUM (PG) 4:00

AMC MAZZA GALLERIE
Jennifer and Wisconsin
202-537-9553

RENO 911: MIAMI (R) ✓ 3:10, 5:25, 7:30
BREACH (PG13) 3:00, 5:30, 8:10
BRIDGE TO TERABITHIA (PG) 2:55, 5:15, 7:35
BRIDGE TO TERABITHIA (PG) [CC] 2:55, 5:15, 7:35
GHOST RIDER (PG13) 2:45, 5:20, 7:45
MUSIC AND LYRICS (PG13) 1:40, 4:05, 7:20
NORBIT (PG13) 2:30, 4:50
BECAUSE I SAID SO (PG13) 3:25, 5:55, 8:15

LOEWS GEORGETOWN 14
3111 K Street, N.W.
202-342-6441

ASTRONAUT FARMER (PG) ✓ 2:05, 4:40, 7:20, 10:00
THE NUMBER 23 (R) ✓ 2:35, 5:05, 7:30, 10:10
RENO 911: MIAMI (R) ✓ 1:20, 3:35, 5:50, 8:10, 10:30
BREACH (PG13) 1:30, 2:30, 4:15, 5:15, 7:00, 8:00, 9:45, 10:30
BRIDGE TO TERABITHIA (PG) 2:15, 4:45, 7:15, 9:55
GHOST RIDER (PG13) 1:20, 2:20, 4:00, 5:00, 6:45, 7:45, 9:30, 10:25
GHOST RIDER (PG13) [CC] 2:20, 5:00, 7:45, 10:25
MUSIC AND LYRICS (PG13) 1:45, 4:25, 7:05, 9:50
TYLER PERRY'S DADDY'S LITTLE GIRLS (PG13) 2:25, 4:55, 7:35, 10:05
NORBIT (PG13) 1:50, 4:20, 6:50, 9:25
BECAUSE I SAID SO (PG13) 2:40, 7:50

AMC SELECT
AMAZING GRACE (PG) 2:10, 4:50, 7:40, 10:20
NOTES ON A SCANDAL (R) 1:00, 3:25, 5:45
PAN'S LABYRINTH (R) 7:55, 10:25
CHILDREN OF MEN (R) 5:10, 10:15

LOEWS LEXINGTON PARK 6
21882 FDR Boulevard
301-862-5000

RENO 911: MIAMI (R) 5:20, 7:50
BRIDGE TO TERABITHIA (PG) 5:00, 7:40
GHOST RIDER (PG13) 4:30, 7:00
MUSIC AND LYRICS (PG13) 4:50, 7:20
TYLER PERRY'S DADDY'S LITTLE GIRLS (PG13) 5:10, 7:30
NORBIT (PG13) 4:40, 7:10

✓SPECIAL ENGAGEMENT No passes or discount coupons

AMC POTOMAC MILLS 18
2700 Potomac Mills Circle, Ste 886
703-998-4262

ASTRONAUT FARMER (PG) ✓ 1:30, 4:35, 7:10, 9:50
THE NUMBER 23 (R) ✓ 12:45, 3:05, 5:25, 7:50, 10:10
RENO 911: MIAMI (R) ✓ 12:50, 3:00, 5:30, 7:55, 10:05
BREACH (PG13) 1:55, 4:45, 7:25, 10:05
BREACH (PG13) [CC] [DV] 1:55, 4:45, 7:25, 10:05
BRIDGE TO TERABITHIA (PG) 1:10, 2:10, 3:55, 5:00, 6:30, 7:35, 9:00, 10:00
GHOST RIDER (PG13) 1:05, 2:05, 4:05, 5:05, 7:05, 8:05, 9:55
MUSIC AND LYRICS (PG13) 1:40, 4:20, 6:45, 7:45, 9:10, 10:10
TYLER PERRY'S DADDY'S LITTLE GIRLS (PG13) 1:00, 2:20, 3:20, 4:50, 5:45, 7:15, 8:15, 9:40
HANNIBAL RISING (R) 1:25, 4:25, 7:15, 10:00
NORBIT (PG13) 1:35, 2:40, 4:00, 5:10, 6:50, 7:40, 9:30, 10:15
BECAUSE I SAID SO (PG13) 1:50, 4:40, 7:20, 9:45
THE MESSENGERS (PG13) 7:00, 9:25
NIGHT AT THE MUSEUM (PG) 1:20, 4:10

AMC SELECT
AMAZING GRACE (PG) ✓ 1:45, 4:30, 7:30, 10:15
LETTERS FROM IWO JIMA (R) 12:55, 4:15

AMC COLUMBIA MALL 14
10300 Patuxent Parkway
410-423-0520

ASTRONAUT FARMER (PG) 2:05, 4:35, 7:05, 9:35
THE NUMBER 23 (R) 2:50, 5:10, 7:30, 9:50
RENO 911: MIAMI (R) 1:10, 3:20, 5:30, 7:50, 10:00
BREACH (PG13) 2:15, 4:45, 7:15, 9:45
BRIDGE TO TERABITHIA (PG) 1:50, 4:10, 6:30, 8:50
GHOST RIDER (PG13) 1:00, 2:00, 3:30, 4:30, 6:10, 8:40, 9:40
MUSIC AND LYRICS (PG13) 1:40, 4:15, 6:50, 9:20
TYLER PERRY'S DADDY'S LITTLE GIRLS (PG13) 1:25, 2:30, 3:45, 4:50, 6:05, 7:10, 8:30, 9:30
HANNIBAL RISING (R) 1:05, 3:50, 6:35, 9:15
NORBIT (PG13) 1:30, 4:00, 6:25, 8:55
BECAUSE I SAID SO (PG13) 1:45, 4:20, 6:45, 9:10
THE MESSENGERS (PG13) 7:40, 9:55
NIGHT AT THE MUSEUM (PG) 2:35, 5:05

LOEWS FAIRFAX SQUARE 8
8065 Leesburg Pike
703-506-9857 802

SMOKIN' ACES (R) 4:10, 7:10
THE PURSUIT OF HAPPYNESS (PG13) 4:40, 8:10
BLOOD DIAMOND (R) 4:00, 7:20
AMC SELECT
AMAZING GRACE (PG) 4:50, 7:10
FACTORY GIRL (R) 4:20, 7:00
BABEL (R) 7:40
CHILDREN OF MEN (R) 4:50, 7:50
THE QUEEN (PG13) 5:10

MAGIC JOHNSON CAPITAL CENTRE 12
800 Shopper's Way, Largo
301-324-4220

ASTRONAUT FARMER (PG) 12:10, 2:40, 5:15, 7:40, 10:10
RENO 911: MIAMI (R) 12:45, 3:00, 5:25, 8:10, 10:15
BREACH (PG13) 2:30, 5:00, 7:30, 10:05
BRIDGE TO TERABITHIA (PG) 12:05, 2:30, 4:50, 7:10, 9:40
GHOST RIDER (PG13) 12:15, 2:55, 5:30, 8:00, 10:30
MUSIC AND LYRICS (PG13) 12:20, 2:50, 5:20, 7:50, 10:20
TYLER PERRY'S DADDY'S LITTLE GIRLS (PG13) 1:00, 2:00, 3:35, 4:30, 6:05, 7:00, 9:00, 10:00
HANNIBAL RISING (R) 12:50, 3:50, 6:50, 9:50
NORBIT (PG13) 12:00, 1:35, 2:25, 4:05, 5:00, 6:35, 7:35, 9:35, 10:35
THE MESSENGERS (PG13) 12:05, 2:35, 5:05, 7:15, 9:45

LOEWS DUPONT 5
1350 19th St.
1-800-FANDANGO #711

ASTRONAUT FARMER (PG) 4:15, 7:30
BREACH (PG13) 4:45, 7:50
MUSIC AND LYRICS (PG13) 5:00, 8:00
AMC SELECT
BABEL (R) 4:00, 7:00
LITTLE CHILDREN (R) 4:00, 7:15

LOEWS UPTOWN 1
3426 Connecticut Avenue N.W.
1-800-FANDANGO #713

AMC SELECT
DREAMGIRLS (PG13) 2:00, 5:00, 8:00

AMC TYSONS CORNER 16
7850 Tysons Corner Center
703-998-4262

ASTRONAUT FARMER (PG) ✓ 12:50, 3:15, 5:40, 8:05, 10:35
THE NUMBER 23 (R) ✓ 1:10, 3:30, 5:50, 8:10, 10:30
RENO 911: MIAMI (R) ✓ 1:00, 3:05, 5:10, 7:15, 9:25
BREACH (PG13) 1:30, 4:15, 7:00, 9:35
BRIDGE TO TERABITHIA (PG) 12:45, 3:00, 5:25, 7:40, 9:55
GHOST RIDER (PG13) 12:50, 1:55, 3:15, 4:30, 5:45, 7:05, 8:15, 9:40, 10:45
MUSIC AND LYRICS (PG13) 12:45, 3:10, 5:40, 8:10, 10:40
TYLER PERRY'S DADDY'S LITTLE GIRLS (PG13) 1:35, 4:10, 9:45
HANNIBAL RISING (R) 1:40, 4:45, 7:45, 10:25
NORBIT (PG13) 12:55, 3:10, 4:35, 5:30, 7:00, 8:00, 9:20, 10:25
BECAUSE I SAID SO (PG13) 1:05, 3:25, 5:50, 8:15, 10:35
BECAUSE I SAID SO (PG13) [CC] [DV] 1:05, 3:25, 5:50, 8:15, 10:35
NIGHT AT THE MUSEUM (PG) 12:55, 3:20, 5:55, 8:20, 10:45

AMC SELECT
LETTERS FROM IWO JIMA (R) 1:25
PAN'S LABYRINTH (R) 2:00, 4:40, 7:20, 10:00
DREAMGIRLS (PG13) 1:20, 4:20, 7:25, 10:20

AMC RIVERTOWNE 12
Exit 4A I-95, 1/2 mi. on Oxon Hill Rd.
703-998-4AMC

RENO 911: MIAMI (R) ✓ 5:15, 8:05
BRIDGE TO TERABITHIA (PG) 4:30, 7:00
GHOST RIDER (PG13) 5:20, 8:00
TYLER PERRY'S DADDY'S LITTLE GIRLS (PG13) 4:30, 5:30, 7:15, 8:15
HANNIBAL RISING (R) 4:40, 7:45
NORBIT (PG13) 4:30, 5:00, 7:30, 8:00
THE MESSENGERS (PG13) 5:30, 8:10
SMOKIN' ACES (R) 5:20, 8:00
STOMP THE YARD (PG13) 5:00, 7:50

AMC SELECT
DREAMGIRLS (PG13) 4:35, 7:40

AMC COURTHOUSE PLAZA 8
Courthouse and Birch Rd.
703-998-4AMC

THE ABANDONED (R) 2:40, 5:00, 7:40, 10:10
BREACH (PG13) 2:50, 5:20, 7:50, 10:20
MUSIC AND LYRICS (PG13) 2:30, 3:30, 4:50, 5:50, 7:10, 8:10, 9:30, 10:30
TYLER PERRY'S DADDY'S LITTLE GIRLS (PG13) 2:20, 4:40, 7:20, 9:40

AMC SELECT
NOTES ON A SCANDAL (R) 3:00, 5:10, 7:30, 9:50
BABEL (R) 4:00, 7:00, 10:00
CHILDREN OF MEN (R) 2:00, 4:20, 6:50, 9:10

LOEWS SHIRLINGTON 7
2772 South Randolph
703-671-0910 801

AMC SELECT
AMAZING GRACE (PG) 2:20, 4:40, 7:20, 9:40
FACTORY GIRL (R) 4:40, 10:00
THE LIVES OF OTHERS (R) 1:30, 4:20, 7:50
NOTES ON A SCANDAL (R) 2:00, 4:50, 7:40
VOLVER (R) 2:10, 7:30
GOD GREW TIRED OF US: THE STORY OF LOST BOYS OF SUDAN (PG) 1:50, 4:30, 7:10, 9:10
LETTERS FROM IWO JIMA (R) 9:50 PM
PAN'S LABYRINTH (R) 4:10, 9:00
VENUS (R) 1:40, 7:00
THE QUEEN (PG13) 1:20, 3:50, 7:10, 9:20

AMC COUNTRY CLUB MALL 6
Country Club Mall on Vocke Rd near Route 68.
301-729-6633

RENO 911: MIAMI (R) ✓ 5:50, 8:15
BRIDGE TO TERABITHIA (PG) 5:40, 8:00
BRIDGE TO TERABITHIA (PG) [CC] 5:40, 8:00
GHOST RIDER (PG13) 5:30, 8:00
TYLER PERRY'S DADDY'S LITTLE GIRLS (PG13) 5:10, 8:15
HANNIBAL RISING (R) 5:10, 7:45
THE MESSENGERS (PG13) 5:20
NIGHT AT THE MUSEUM (PG) 7:45

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THE NUMBER 23 (R) 2:00, 4:30, 7:00
BREACH (PG13) 2:25, 4:50, 7:05
GHOST RIDER (PG13) 2:30, 5:00, 7:10
MUSIC AND LYRICS (PG13) 2:15, 4:45, 7:00
BECAUSE I SAID SO (PG13) 2:05, 4:15, 7:05

Times for Tuesday, February 27, 2007

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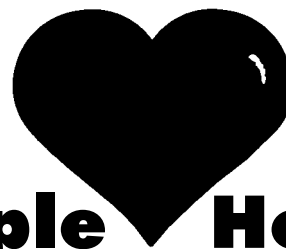


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Entertainment

Trouble Funk

The Eternals' political dub-punk is rough on its groovy edges

MUSIC | Silver Spring native Damon Locks is coming home. A music publicist by day, Locks leads the Chicago-based band the Eternals, a trio that mixes reggae beats, dub effects, punk attitudes and performance-art-like vocals to make a sound that's at once confrontational and deeply booty-shaking.

His group plays the Rock and Roll Hotel Tuesday night, and the concert will feature music from the band's new CD, "Heavy International," a blast of freak-funk music and political-minded lyrics.

"When I was a kid, a lot of punk music that I admired had a political message or a political bent," said Locks, 38. "Whether it was the Clash, or the Specials, or Minor Threat, I was always enthralled with people who had something to say. So, when I started to create my own personality through my lyrics, I thought, 'Oh, I'd better have something to say.'"

The way Locks says his words, however, sometimes confuses listeners. His crooning veers all over the map, from singsong melodies to off-pitch yelps, flitting in and out of the band's discordantly danceable music.

"I'm attracted to using the voice in different ways," Locks said. "I lis-



ETERNALISTS: Silver Spring native Damon Locks (center) leads the Chicago trio.

ten to a lot of music from different countries: Egyptian music, taarab music from Tanzania, or Korean folk songs. I like to listen to music like that and figure out different ways of approaching melody, not necessarily our regular Western way of approaching melody. Instrumentally, [the Eternals] do stuff in a different way, so it made sense for me to find different ways of approaching the vocal structures. So, I took lessons to learn more about the vocal decisions I make."

Locks left Silver Spring 18 years ago to attend art school in Chicago, where he formed the ska-funk-punk band Trenchmouth, which included current "Saturday Night Live" fun-

nyman Fred Armisen. When that group broke up, Locks and bassist Wayne Montana formed the Eternals. (The trio's current drummer is jazz vet Tim Mulvenna.)

The Eternals' band name isn't after the Marvel comic book, or even an allusion to Rakim's lyrics in "Follow the Leader" ("Am I eternal? Or an eternalist?"). It comes from a place much more pedestrian — or, rather, commuterly: "I came up with it while sitting on the bus one day," Locks said.

CHRISTOPHER PORTER (EXPRESS)

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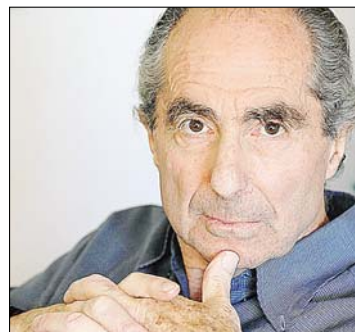
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Roth's 'Everyman' Rewarded

THREE-PEAT | Philip Roth has won yet another literary prize, this time the PEN/Faulkner award for "Everyman," his short, bleak novel about illness and mortality.

"It's such a slim volume," PEN/Faulkner judge Debra Magpie



SHORT & BLEAK: Roth's "Everyman" haunted the PEN/Faulkner judges.

Earling said Monday in a statement, "and the book haunts me, its simplicity and brutishness,

the unflinching look at life. Roth never looks away, never trivializes, never shrugs. He manages to wrestle with grief, the immensity of losing self."

The runners-up were Charles D'Ambrosio's "The Dead Fish Museum," Deborah Eisenberg's "Twilight of the Superheroes," Amy Hempel's "The Collected Stories of Amy Hempel" and Edward P. Jones' "All Aunt Hagar's Children."

Roth, who will receive \$15,000, is the first three-time winner of the PEN/Faulkner, having received it in 1994 for "Operation Shylock" and in 2001 for "The Human Stain." (AP)

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LOOK out

* TRENDS, CULTURE, DISCOVERIES, IDEAS, PEOPLE

Weapons

Crafting blades is an art form for U.S. sword manufacturer

The scent of burning metal and whine of a grinder drift through the cool, cavernous warehouse as 15 workers forge swords coveted by collectors who long for a piece of medieval history.

"When you hold it in your hand, it's an amazing feeling, a feeling of power," said Gabriel Ghazarian, 59. "The sword has always been a symbol of honor, of courage and virtue. Even though it's obsolete, that symbol remains."

Albion Swords is the largest producer of authentic swords in the U.S., making about 1,000 per year for annual sales of \$1 million. It recreates blades and hilts with painstaking accuracy, so history buffs can own swords with the same weight, dimensions and intricacy as those wielded by eighth-century Vikings or 16th-century Swedish knights.

The company also has lured designer Jody Samson, 60, an industry legend known for creating the iconic sword that Arnold

“When you hold it in your hand, it’s an amazing feeling, a feeling of power.”

GABRIEL GHAZARIAN, ALBION FAN

Schwarzenegger wielded in "Conan the Barbarian."

While other companies sell swords for about \$100, an authentic Albion piece can cost more than \$3,000.

Customers such as Ghazarian — a retired electrical engineer from Lakeworth, Fla. — are happy to pay a premium. "It's not just a sword. It's a piece of art," said Ghazarian, whose collection cost between \$25,000 and \$30,000.

"It's kind of like a link between the present time and history when people used to fight with these things," he said. "It's a very complex feeling. When I hold one, I feel I am a part of history."

Howard Waddell, 51, owner of Albion Swords, said the weapons have been his passion since childhood. A self-described nerd, he used to bury cheap swords so he could "discover" them later, pulling them triumphantly from the ground like a modern-day King Arthur.

INSIDE

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Oscar night
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Baby Bump: Naomi Watts is pregnant | 34



ON THE EDGE: Joe Waite grinds an edge on a sword being manufactured at Albion Swords, which does a huge business.

Heavy Metal

He began selling swords online, then decided there was enough of a market for authentic blades to sustain a smithy. He and his wife, Amy,

launched Albion — the name for England during the Roman period — in 1999 in Maryland. They transferred operations to her home state of Wisconsin in 2001.

Waddell sells mostly to other men who are as fanatical as he is. He doesn't advertise. Customers typically discover Albion's Web

site or hear about the company in an Internet chat room.

"Our customers are high-end collectors — doctors, lawyers, military personnel, law enforcement officers," he said.

The swords can be shipped worldwide without restrictions because they are considered artwork, not weapons.

Pasquale Scopelliti, 46, a consultant from Darnestown, Md., swung his most recent purchase —

an imposing \$2,900 Svante medieval sword from Albion — for only a few moments before being overcome with emotion.

"It sings and whistles in the air like no sword I've ever swung," he wrote in an impassioned e-mail to Albion that day. "If you hold it high, it shouts. If you hold it low, it whispers. If you strike in mid-plane it dismembers, drinking the blood of your invisible enemy and asking for another foe to slay." DINESH RAMDE (AP)



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Look out



Martin Scorsese holds his first Oscar, won Sunday night for "The Departed."

Oscar's Golden Rule

Film

Better late than never is the best policy for the Academy Awards

Yes, "The Departed" was smart, highly entertaining movie-making. But nary a critic would say it

was Martin Scorsese's best film — not by a mile.

Yet nobody but a heartless grinch would begrudge the masterful director his hard-won Oscar, the first in six nominations. It just points to a simple rule of Oscar history: An award isn't always about the actual work at hand. Often, it amounts to a statement: that someone has finally arrived, or, in Scorsese's case, is long overdue.

In other words, when Oscar comes calling, it's not always for the right film.

Many fans thought it a crime when Scorsese didn't win the director prize for "Raging Bull" in 1981, losing out to Robert Redford for "Ordinary People," or for "Goodfellas" in 1991, when he lost to Kevin Costner for "Dances With Wolves."

"Yes, 'The Departed' is not a film that history will rank up there with

"Raging Bull," says Jonathan Kuntz, a professor of film history at UCLA. "But sometimes these awards are like lifetime achievement awards."

(And sometimes they are lifetime achievement awards: Alfred Hitchcock and Robert Altman are both legendary directors who never won a directing prize and instead won special awards — Hitchcock in 1968 and Altman last year.)

"The last thing they're voting on

at the Oscars is the best work of the year," says Tom O'Neil, columnist for theenvelope.com. "It's about passing out hugs." And sometimes, he says, the hugs come not too late, but too early, in citing cases of Nicole Kidman ("The Hours") and Russell Crowe ("Gladiator").

Is a system in which people get rewarded retroactively or prematurely all that bad? Don't blame the academy, film historian Leonard Maltin says. "The problem Oscar voters face is that they have no advantage of hindsight," he says. So, when people say, "How could so-and-so never have won," well, it's all about timing and luck of the draw. Why did Peter O'Toole not win for "Lawrence of Arabia"? Because he happened to be up that year against Gregory Peck for "To Kill a Mockingbird."

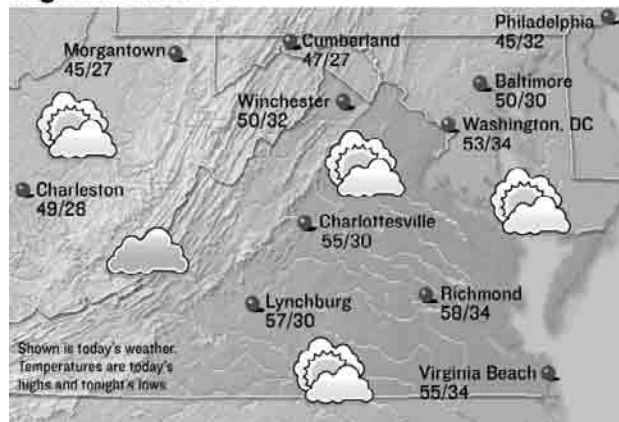
At least one analyst says the system is wrong. "They should honor the person when they make a really good movie. Otherwise, why should the other nominees have to stand around and see a lesser film win?" said Richard Walter, head of the screenwriting program at UCLA's film school — who calls this year's best-picture winner "Scorsese's most uninteresting film in years."

JOCELYN NOVECK (AP)

5 Day Forecast for the Washington Area

Today	Tonight	Wednesday	Thursday	Friday	Saturday
Partly sunny	Partly cloudy	Partly sunny	Rain in the afternoon and at night	Cloudy, then partly sunny	Partly sunny
53°	34°	52° / 36°	52° / 43°	57° / 38°	48° / 32°

Regional Weather



Forecasts and graphics provided by AccuWeather, Inc. ©2007

Almanac

Washington, D.C., through 4 p.m. Mon.

Temperature

High	39°
Low	32°
Normal high	50°
Normal low	32°
Average humidity	87%

Precipitation

24 hours ending 4 p.m.	0.09"
Month to date	2.22"
Normal month to date	2.41"
Year to date	4.68"
Last year to date	5.71"
Normal year to date	5.62"

For up-to-the-minute weather, see: washingtonpost.com/weather

Regional Forecast

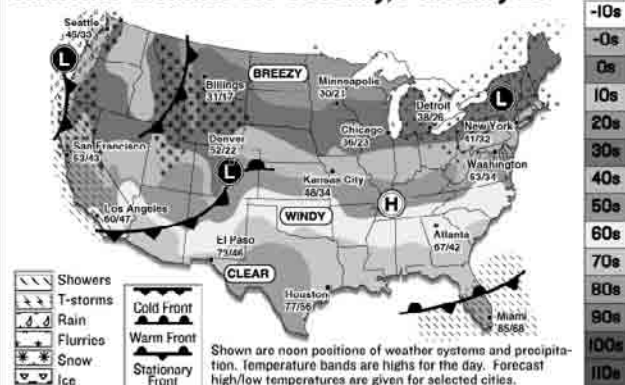
D.C. Metro: Today, partly sunny. High 53. Wind west-northwest 6-12 mph. Tonight, partly cloudy. Low 34. Wind north 4-8 mph.

Sun and Moon

Sunrise today	6:44 a.m.
Sunset tonight	5:58 p.m.
Moonrise today	1:42 p.m.
Moonset today	4:30 a.m.



National Weather for Tuesday, February 27



National Cities

City	Today	Wed.
Atlanta	67/42/s	63/51/s
Boston	35/28/sf	40/28/pc
Chicago	36/23/c	42/32/c
Dallas	78/55/s	80/51/pc
Denver	52/22/pc	39/17/sn
Honolulu	81/69/r	80/69/pc
Los Angeles	60/47/r	58/44/c
Miami	85/68/sh	84/70/pc
New York City	41/32/c	45/33/pc
Orlando	82/59/pc	81/63/s
Seattle	45/33/c	43/34/c

World Cities

City	Today	Wed.
Amsterdam	48/45/r	52/43/r
Athens	57/45/sh	59/43/pc
Berlin	43/37/sh	50/41/sh
Buenos Aires	79/64/t	79/66/pc
Calgary	21/11/c	23/12/c
Dublin	54/45/r	50/39/c
Geneva	46/45/r	47/40/r
Moscow	19/14/c	19/18/sn
Rome	61/41/s	61/45/c
Sydney	75/66/t	79/68/pc
Tokyo	52/41/pc	45/32/pc

s-sunny, pc-partly cloudy, c-cloudy, sh-showers, t-thunderstorms, r-rain, sf-snow flurries, sn-snow, i-ice.

Styles

LOOK
out*

The Bold and the Beautiful

Oscar's red carpet trends toward color, flow and movement

The difficulty of writing about this year's Oscars comes from the sad fact that no one wore anything hilariously bad. Aside from a few poor choices, 2007's red carpet was a colorful trip through high-end designers and the stars who love them.

One trend that emerged was dresses that wrapped their wearer, especially in the bodice. Jada Pinkett Smith's harvest-gold Versace had some minor embellishment on the corset-style top, while Rachel Weisz's champagne Vera Wang flaunted a jeweled bow swooping across the strapless neckline. Unfortunately, she ruined the subtle sparkle with a great big honking pendant on a tiny chain.

Ribbons and ties were another strong trend, most notably on Nicole Kidman's vibrantly red Balenciaga gown, which sported a ginormous bow over her right shoulder. Beyoncé Knowles chose a one-shouldered Armani with a strap made of large beads; had they been jeweled, it would have been too much, but the monochromatic look of the sea-green gown was understated and lovely.

Host Ellen DeGeneres went from bad to good to bad again. Her first outfit, a maroon velvet suit worn with white loafers, was altogether too casual. Her second outfit, all-white and tuxedo-style, was appropriate, well-fitted and visually interesting — she should have kept it on all night. Her third and final outfit, a navy blue satin ensemble, was all right; sadly, satin is a very unforgiv-



Jennifer Hudson, above, wore Oscar de La Renta. Gwyneth Paltrow wore Zac Posen.

ing fabric. No one would call DeGeneres fat, but the cloth showed every french fry she had glanced at in the past six months.

There were other problems. Both Kirsten Dunst (in Chanel Haute Couture) and Gwyneth Paltrow (in Zac Posen) chose frocks with incredibly unflattering necklines. Both gowns had sheer fabric overlaying the bodices, and both had cap sleeves. Both cut both women off

at the widest part of their chests, making them look slouchy. Also, Gwyneth, didn't the rest of us stop shoving all our hair to one side in 1987?

And: Philip Seymour Hoffman, meet the shower. Shower, meet Philip Seymour Hoffman. Philip, the shower. We'll just leave you two to get acquainted.

“Shower, meet Philip Seymour Hoffman. Philip, the shower.”

Best Supporting Actress winner Jennifer Hudson arrived wearing the Metallic Shrug From Outer Space, but removed it for the ceremony. Good thing, too: Her Oscar de la Renta gown had a pretty ruched, cinched waist, and the skirt — complete with pockets — skimmed over her. Meryl Streep (nominated, ironically, for the fashion-centric “The Devil Wears Prada”) looked like your friend's dowdy-yet-hippie mom in a belted Prada jacket and a beaded necklace she picked up at the clearance sale at CrazyMcUgly's House of Crap.

The best part of the evening was that nearly all of the gowns were suited to actual women. A lollipop (big head, tiny body) could never have pulled off Cate Blanchett's deep-gray Armani Prive, which hugged her curves like Jimmy Bond's Aston Martin slinking through Monaco.

The wraps and ribbons that dominated the carpet not only suit curves — they create them. Perhaps the fact that celebrities no longer seem to be afraid of breasts and hips will translate into flattering, well-fitting evening wear for the rest of us.

KRISTEN PAGE-KIRBY (EXPRESS)

Oscars



Not Quite Manolos

Costume designer Patricia Field (nominated for “The Devil Wears Prada”), famous for her sometimes sublime, sometimes terrifying work on “Sex and the City,” wore **PAYLESS** shoes on Oscar night — the green ankle-strapped platforms shown above. The pair, part of a collection designed by Field herself, will be in Payless stores at the end of 2007. Milena Canonero took home the Best Costume design award for “Marie Antoinette,” but did Payless ask her to design her own line? Not a chance. That's way better than some stupid Oscar.

FIONA ZUBLIN (EXPRESS)

Oscars



Oscar Not Included

Remember Helen Mirren's gorgeous blue Golden Globes dress? Or Maggie Gyllenhaal's olive green Bottega Veneta gown from last year's Academy Awards? Well, the good news is, you can own them. The bad news is, it'll cost you several thousand dollars at the **CLOTHES OFF OUR BACK** (clothesoffourback.org) annual spring auction, which starts Tuesday night. The further good news is that your money will go to benefit children's charities — and you can own a piece of Hollywood history. More items will be added to the Web site as they are donated, so keep checking back. F.Z.

File
UNDER
Fad



from readexpress.com

Wrong Weather Predictions?

COMMENTS | Sunday's surprisingly snow-packed storm system dumped more flakes on the D.C. area than most local meteorologists expected.

Increasing morning temps melted much of the snow ahead of the Monday's morning commute. However, grumbling over the unexpectedly intense storm fed the comments for Monday's Poll Center question: "Do you typically trust local weather forecasts?"

Said commenter Sous-man: "I don't trust the forecasts at all. But I sure do envy the forecasters. According to the BLS, the median salary for these guys (and gals) is just a tick shy of \$74,000 per year. What a gig. What other job can

you have that pays you that kind of money and puts up with you being wrong at least half the time! Where do I apply?"

Forecasters can't be trusted to tell us the full scoop, says commenter Rob: "I don't trust the sugar-coated 'forecasts' by the local news stations that are afraid to offend the wimpy Washingtoni[a]ns. [I]nstead, [I] just listen to KHB radio and watch the Weather Channel."

Commenter STR blames the weather computers, not the meteorologists, for mistakes in the forecast: "Why would I trust the weather forecasts[?] They are based on computer models that are only as good as the information put into



THOMAS CUNNINGHAM

ART LESSON: Molly Crabapple can help you sketch burlesque dancers.

them. Weather systems are very complicated. The track record for weather forecast is poor unless you live in Hawaii, where the weather is the same every day."

Commenter MH took the forecasters' side: "The fact that meteorologists often cite percentages means they acknowledge that it's not an exact science. If they say there is a 90 percent chance of snow and it doesn't snow, then they are still right because there was still a 10 percent chance that it wouldn't.

"What is really ridiculous is the way people get completely wound up based on a forecast and base their entire day on it."

MICHAEL GRASS (EXPRESS)

→ Coming Up Today

Confused by Metro's budget process? So are most commuters. Find out how to learn more about how the transit agency pays its bills.

Drawing naked people is sexy — or at least that's what artists Molly Crabapple and A.V. Phibes would have you believe. Get more about their mix of art and burlesque, set to take on the Palace of Wonders tonight.

? Poll Center

TODAY'S QUESTION

Would you pay a tax to cut down on greenhouse gases?

1. Yes
2. No

YESTERDAY'S RESULTS

Do you typically trust local weather forecasts?

NO **YES**

63%

37%

As of 5 p.m. Monday. Not a scientific poll

GIVE YOUR OPINION ON TODAY'S POLL QUESTION AND GET A STATION-BY-STATION BREAKDOWN OF HOW YOUR FELLOW METRORAIL COMMUTERS VOTED AT READEXPRESS.COM/POLLCENTER.PHP



"If I don't have the appropriate shoes for an outfit, it really bothers me. ... Because I'm not going on a date in frumpy footwear."

LEMONGLORIA.BLOGSPOT.COM NEARLY CANCELED A DATE BECAUSE OF A LACK OF PROPER FOOTWEAR.

Oh, Those Details

"Is it that hard to pay child support? He's not divorced from Whitney Houston yet, so he can still take some of her money to pay for his kid. I mean, it's not that hard."

DLISTED.COM REACTS TO NEWS ON PEOPLE MAGAZINE'S WEB SITE DETAILING BOBBY BROWN'S ARREST IN MASSACHUSETTS ON SUNDAY FOR NOT PAYING CHILD SUPPORT.

"[Has] enforcement gotten better, or [are] unlicensed cabbies harder to spot?"

DCCABRIDER.BLOGSPOT.COM IS CURIOUS WHETHER THE NUMBER OF UNLICENSED CAB DRIVERS IN D.C. HAS DECREASED.



Not Making the Cut

"My personal pet peeve with Jim Clarke's 'announcing' was his annoying habit of confusing the [third baseman] and [shortstop] during the introduction of the starting lineups. I think it had something to do with the way they were displayed on the video screen."

A DCBB.BLOGSPOT.COM COMMENTER ON LAST WEEK'S NEWS THAT THE NATIONALS ARE GOING TO DUMP RFK STADIUM ANNOUNCER JIM CLARKE.



Attention, Men of the Orange Line

"Many of you insist on wearing your trousers like Kim Jong-Il. He is a dictator, and no one is going to tell him his pants need to come up an inch or two. But that doesn't make it right."

S-INTHECITY.BLOGSPOT.COM HAS NOTICED PLENTY OF MEN WHO WEAR PANTS THAT COME DOWN TOO FAR OVER THEIR SHOES AND IS URGING ORANGE LINE COMMUTERS TO VISIT A TAILOR.

Live Online

Oscar Fashion

SUZANNE D'AMATO, deputy editor of the Sunday Source, was online Monday at washingtonpost.com to talk about what went right or wrong with Oscar fashion.

Do any of the big stars actually buy their outfits, or are they all borrowed?

Nearly all of the clothes (and jewels, and shoes) are borrowed. Occasionally, you'll see someone show up in their own clothes (Sharon Stone and that famous Gap turtleneck come to mind), but that's an exception.

Best dressed? Gwyneth Paltrow. Hands down.

Really? When it came to her dress, I felt that one could basically get the same effect by ripping up 20 pairs of tan pantyhose and stitching them back together.

I thought Helen Mirren looked really good, stately and elegant in LaCroix. Also, while not a frock-wearer, I thought Ellen looked really good.

Her haircut framed her face well and her eyes twinkled brightly the entire night.

I agree. Helen Mirren is proof that one can look very sexy without dressing like a teenager. Bravo! As for Ellen, while I wished she'd worn some dramatic jewelry to spiff things up a bit (perhaps some swingy earrings?), I appreciated that she dressed like herself — she seems truly comfortable in her own skin, and I think viewers had fun watching her.

Jessica Biel ... wow. Very bright.

Amazing color. Simple. She was my best-dressed along with Beyonce, who I thought looked amazing, as well. Jessica Biel looked oddly underdressed, in my opinion. Her gown's guava color was beautiful, but something about the fit, or perhaps the fabric, didn't work for me. It seemed a bit ... baggy? Or just not "special" enough for Oscar night? Beyonce, on the other hand — gorgeous!

Worst-dressed man and woman?

For women, it's a toss-up between J.Lo, Celine Dion and Diane Keaton. For men, it's not a toss-up: Philip Seymour Hoffman.

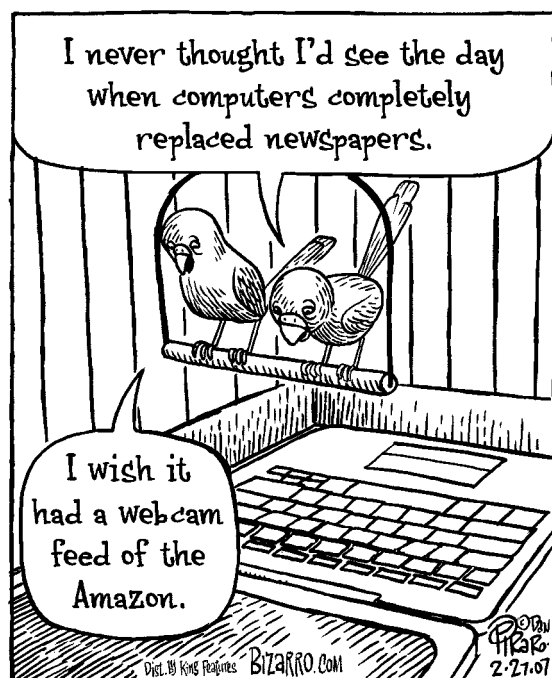


GET TO THE WELL IN TIME. The mission in the game of Darfurisdying.com is to, well, survive. You pick a character and begin by trying to procure water without being caught by armed militias. From there, it's on to refugee camps and other unfortunate places. It's more engaging and informative than fun, though.

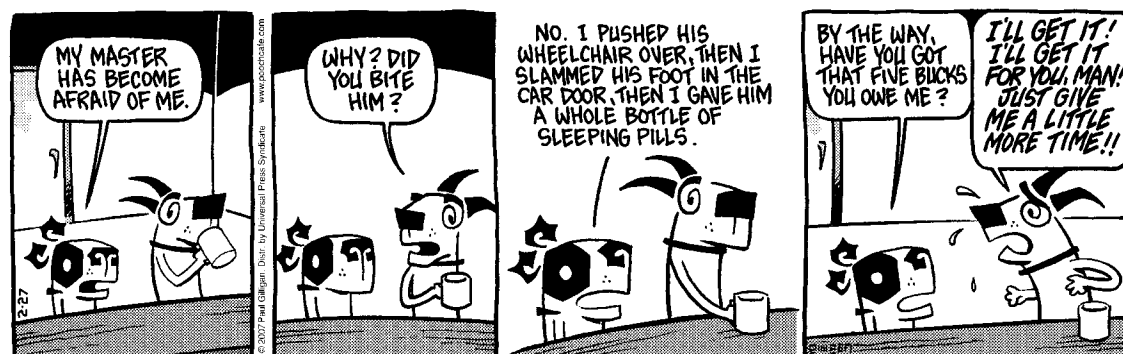


TODAY ON LIVE ONLINE: Post reporter Thomas E. Ricks will discuss the debate in Washington over the Iraq war at noon. | washingtonpost.com/liveonline

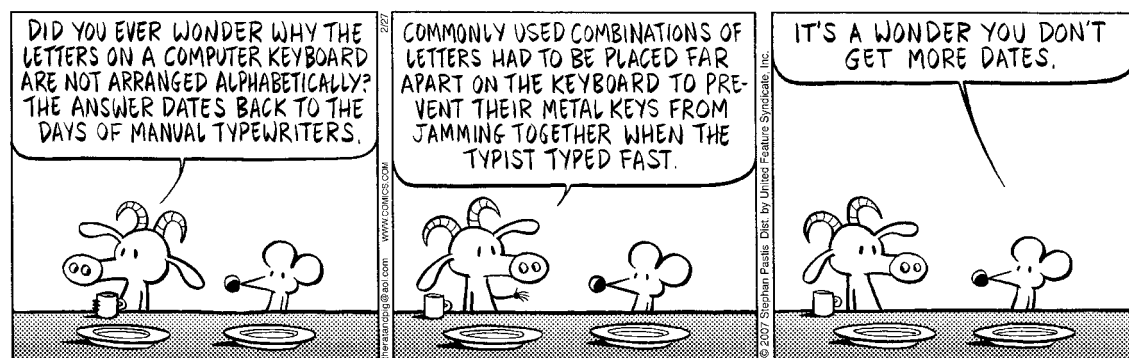
Bizarro | Dan Piraro



Pooch Cafe | Paul Gilligan



Pearls Before Swine | Stephan Pastis



The Duplex | Glenn McCoy



Cornered | Mike Baldwin



Horoscope

By Stella Wilder

PISCES (Feb. 19-March 20) Romance and adventure can be yours, provided you know where to look — and provided you don't let your fears stand in your way.

ARIES (March 21-April 19) You mustn't balk when the opportunity arises to move ahead in a new fashion. Take it slow, as necessary, and explore some new boundaries.

TAURUS (April 20-May 20) You must be prepared for more activity than you had planned on — especially in and around the home front, where things are changing.

GEMINI (May 21-June 20) You're likely to pass a major milestone, but this should be reason to celebrate. Others will join you in looking ahead.

CANCER (June 21-July 22) Your natural attraction and allure will work well for you, but you must take care you remain always honest and sincere.

LEO (July 23-Aug. 22) You may not be the first to know the difference between truth and falsehood, so you must be willing to

trust a close friend or loved one.

VIRGO (Aug. 23-Sept. 22) You can enjoy a number of surprises as you reach into your own emotional grab bag and come out with who knows what? Just wait and see.

LIBRA (Sept. 23-Oct. 22) You may be unusually moody and quick to lash out at those who are not deserving of your scorn. Make all apologies in a timely manner.

SCORPIO (Oct. 23-Nov. 21) You'll receive more support from a friend or family member — though there will be a time in which you want to go it alone for a while.

SAGITTARIUS (Nov. 22-Dec. 21) One episode in particular will offer a challenge you've been looking forward to for some time. Are you ready to show others what you have?

CAPRICORN (Dec. 22-Jan. 19) You can enjoy the company of many kindred spirits. The result will be more than emotional support; you may actually profit as well.

AQUARIUS (Jan. 20-Feb. 18) Things may not add up, but you'll have time to go back over the books and pinpoint any minor errors you or someone else has made.

Letters

Chinese Values Not King's

I WAS SHOCKED to learn that the Martin Luther King Jr. National Memorial Project Foundation has announced that the sculpture of King would be made in China

("King Memorial Sculptor Chosen," Feb. 16). The Chinese government is one of the most egregious human and civil rights violators in the world. I am sure King would never allow this foundation to make his sculpture in China, because it is against all his principles.

—ALIM SEYTOFF
Alexandria, Va.

WRITE TO EXPRESS: Include name, hometown and telephone number. Submissions may be edited. E-mail to inbox@readexpress.com or mail to Express Letters, PO Box 17370, Arlington, VA 22216.

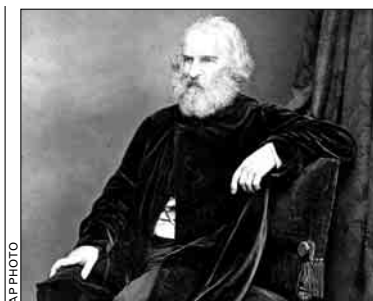
Today in History

1801 The District of Columbia is placed under the jurisdiction of Congress.

1807 Poet Henry Wadsworth Longfellow is born in Portland, Maine.

1933 Germany's parliament building, the Reichstag, is gutted by fire. The Nazis, blaming the Communists, uses the fire as justification for suspending civil liberties.

1960 The U.S. Olympic hockey team defeats the Soviets 3-2 at the Winter Games in Squaw Valley,



Poet Henry Wadsworth Longfellow was born today in 1807 in Portland, Maine.

Calif.

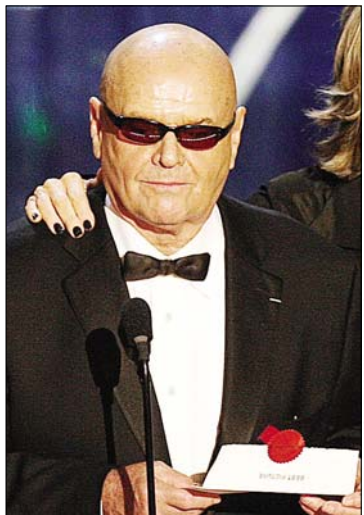
2002 U.S. officials announce a \$5 million reward for information on the kidnap-murder of Wall Street Journal reporter Daniel Pearl.

LOOK out People

ANOMALIES

Britney and Jack Mentioned In the Same Sentence For the First Time Ever

As Sunday's interminable Oscars progressed, the camera often alighted on the bald head of **JACK NICHOLSON**, who normally sports reasonably abundant hair for a man of his advanced years. Turns out the extreme haircut was just devotion to his craft. Nicholson and Morgan Freeman are filming director Rob Reiner's "The Bucket List," a buddy comedy/drama about two terminally ill men who flee a cancer ward to complete a list of things they want to do before they die. It's scheduled for release in November. (AP)



Sunglasses, no hair, a disembodied hand on his shoulder — he looked hot.

DEATH

Ludacris Loses Father



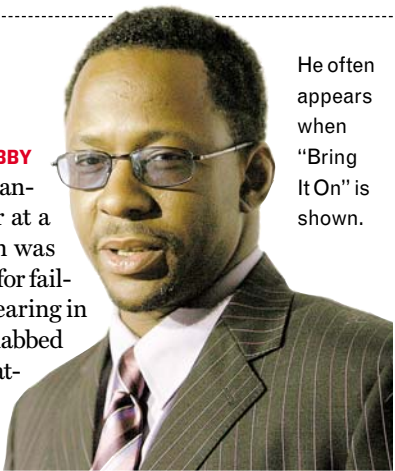
LUDACRIS has thanked his fans for their support and asked for privacy to grieve following the death of his ail-

ing father. Wayne Brian Bridges, 52, died Sunday in Atlanta after a long illness, said a publicist for the rapper. At the Grammys earlier this month, Ludacris, 29, dedicated his award for best rap album for "Release Therapy" to his father, saying his dad was in critical condition and fighting for his life. (AP)

RA, RA, RA

Two! Four! Six! Eight! Cheerleading Is Bobby Bait!

For the second time in a year, **BOBBY BROWN** has been arrested while in Canton, Mass., to watch his daughter at a cheerleading competition. Brown was picked up on Sunday on a warrant for failing to appear at a child-support hearing in October. Last March, Brown was nabbed for minor motor vehicle violations dating back 14 years when he arrived to watch his daughter at another cheering competition. (AP)



He often appears when "Bring It On" is shown.



BABIES

Naomi's Spare Tire

NAOMI WATTS was accidentally revealed as pregnant in a press release touting her Escada dress for the Academy Awards, E! reported. "The Escada gown sets off her most precious new asset — the baby she is expecting with longtime boyfriend Liev Schreiber," the Italian design house said. Of course, her bump-revealing dress also did her secret no favors. (EXPRESS)



Her first act as Queen Elizabeth II: Cast Clive Owen as Prince Charles.

ROYALTY

Palace Quietly Trades In Old Queen for Sexier Model

HELEN MIRREN, who won the best actress Oscar for playing Queen Elizabeth II in "The Queen," may be invited to tea, Buckingham Palace said Monday. The film's director, Stephen Frears, has already suggested that he, Mirren and screenwriter Peter Morgan would visit the queen in March. "It is speculation, but we are looking at a number of options," a palace spokeswoman said. (AP)

WIVES

He'll Never Pick Out His Own Outfits Again



USHER is engaged to stylist Tameka Foster, E! reported. While his handlers won't say when the happy moment occurred, rumor suggests the proposal took place on Valentine's Day. Usher, 29, met Foster, 37, in 2004, when she joined his Truth tour, according to E! It'll be his first marriage and her second. (EXPRESS)

Volunteers needed for a medical research study of an investigational vaccine for the prevention of HIV infection.

To be eligible for this study you must be:

- Between 18–50 years old
- In good health
- HIV negative
- At low risk for contracting HIV

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The Clinical Trials Unit is conveniently located in the Ambulatory Care Center



LOOK out

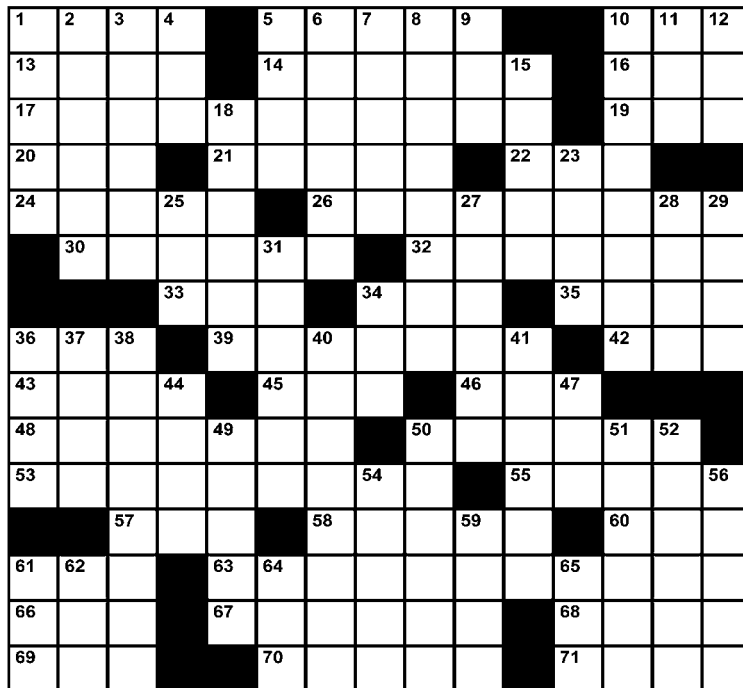
Back It Up a Little

ACROSS

1 Stereotypical hobo fare
5 There's no accounting for it
10 Turkish topper
13 ___ Major
14 Greek alphabet starters
16 George's musical brother
17 Nature personified
19 Music genre
20 Breakfast of centurions?
21 Courage
22 Cheer for the matador
24 Incriminate falsely
26 Owing payments
30 Negligent
32 Clinging part of a climbing plant
33 Start to dominate?
34 Cartridge holder
35 Mortar rounds, e.g.
36 Form of English
39 Valuable weasels
42 Create a dart, e.g.
43 ___ mater (brain membrane)
45 Mighty long time
46 Type of reaction
48 Pizza sauce enhancer
50 Properly clothed
53 Put into a new order
55 Has down pat
57 Butting bighorn
58 Molded, frozen

DOWN

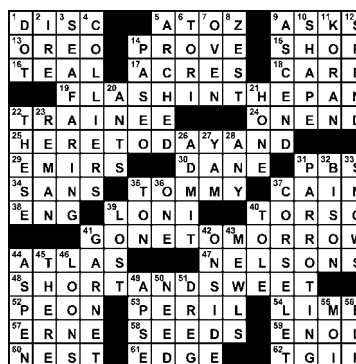
dessert
60 By way of
61 Slugging stat
63 A bit too serious
66 Standard product, once
67 40th U.S. president
68 Pot additive
69 Exclamation of wonder
70 Improve, as a text
71 Angler's prize, sometimes
1 Large Japanese guys
2 Common-law action to recover damages
3 Mansion and grounds
4 Half a trumpet's sound
5 Poi source
6 Joan's "Dynasty" role
7 New World colonizer
8 Imperil
9 Gormandize, e.g.
10 Combat supplies
11 Historic time
12 Laser gun sound effect
15 Like many a cold sheep
18 Darth Vader's dominion
23 "___ and the Swan" (Yeats)
25 Guy who cries foul



27 Fail to keep a promise
28 Icy cover
29 Give me a brake?
31 Star close to Venus?
34 Word with "ten" or "hair"
36 Olfactory perception
37 Tackle box item
38 Without much cheer
40 Night light
41 Chump
44 Indian tourist site
47 Pin number?

49 Museum suit
50 Abase
51 Series of repeated Catholic prayers
52 Ironical turns
54 Eat more than one's fill
56 Eats more than one's fill
59 Boston or Chicago, e.g.
61 Scottish hero
62 Short life story?
64 Rock singer
65 Bobby
66 Capture a crook

Yesterday's Solution



Su|do|ku

Degree of Difficulty: MEDIUM

Fill in the boxes so each row, column and 3-by-3 square includes the digits 1 through 9. For solution, tips and computer program, see www.sudoku.com

Yesterday's Solution

1	7	3	8	2	4	6	5	9
8	4	9	7	6	5	3	1	2
2	5	6	9	1	3	4	7	8
7	9	2	5	4	6	8	3	1
5	6	8	1	3	9	2	4	7
4	3	1	2	7	8	9	6	5
6	1	5	3	8	2	7	9	4
3	8	7	4	9	1	5	2	6
9	2	4	6	5	7	1	8	3

Need more Su|do|ku?
Find another Sudoku puzzle in the Comics section of the Post every Sunday and in the Style section every Monday through Saturday.

	9	3				5	6	
4			3		6			9
	2			7			4	
		9				3		
			5		7			
		8				2		
	3			1			8	
9			4		2			1
	5	1				9	3	

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WELLNESS

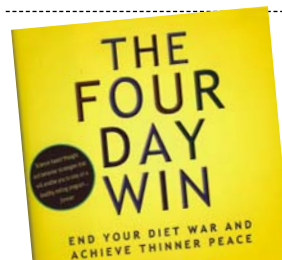
How She Rolls



Can you lie still on a small plastic ball? Then try Elaine Petrone's 'non-exercise' | **E6**

GOODS

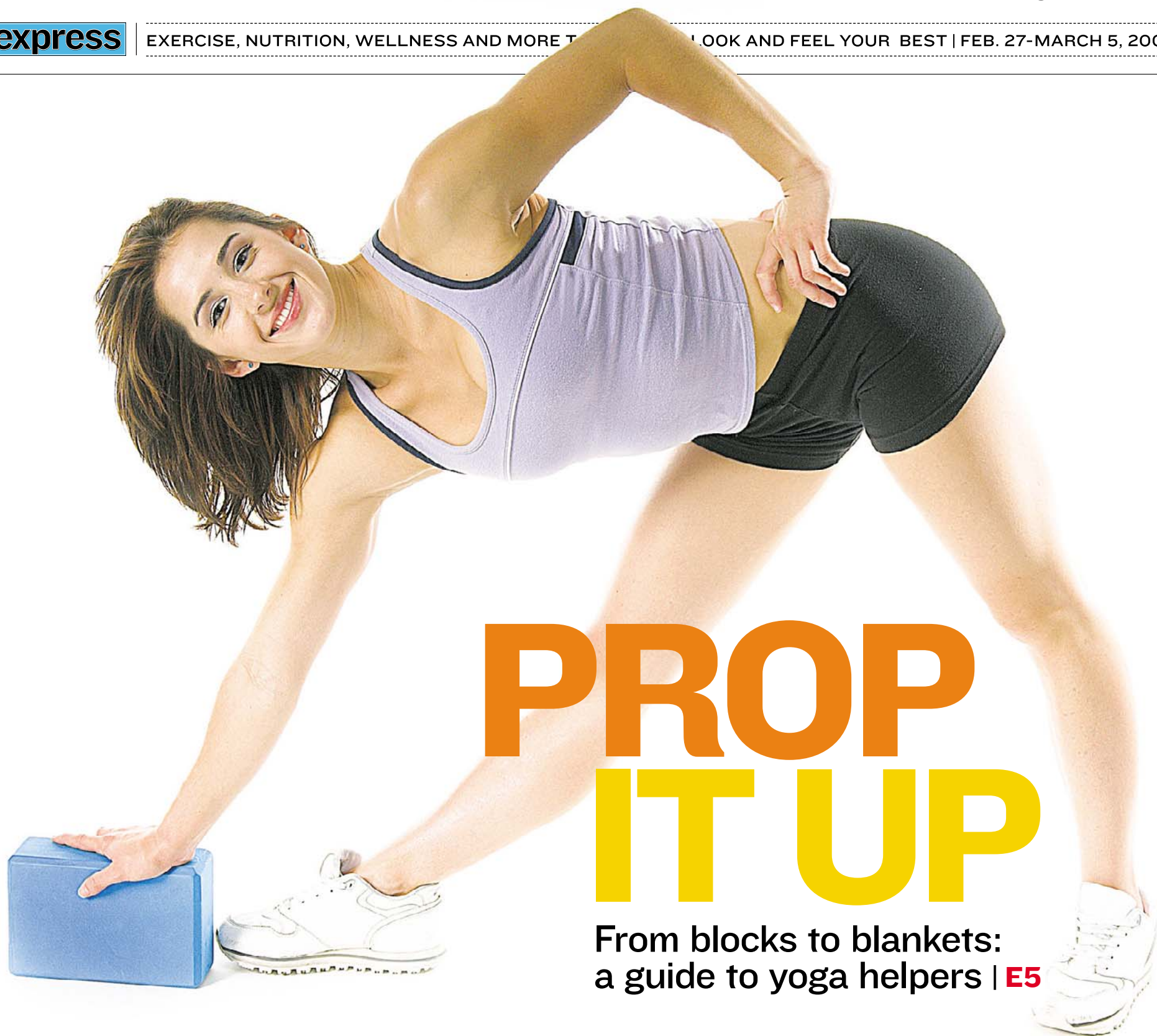
Feed Your Brain



A new diet book promises to help the mind accept new, healthier eating habits | **E3**

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PROP IT UP

From blocks to blankets:
a guide to yoga helpers | **E5**

BaggageCheck



GOT ISSUES? DR. ANDREA BONIOR WILL HELP YOU SORT THEM OUT

Lay off the Cigarettes, Bring on the Truth

Q There's a lot of stuff out there about quitting smoking, but I wonder what is psychologically sound. Any solid tips? —D.C. DUDE

Yup — just keep visualizing Keith Richards and Ron Wood.

Extremely important, but often overlooked, is the need to examine the specific emotional purpose cigarettes serve for you. Before you start cutting back, think long and hard about healthier ways to reduce anxiety, “zone out,” give yourself a lift, whatever smoking does for you, then practice those techniques so that you’ll have a Plan B ready when the urges hit. As you cut down on your cigarettes, keep yourself on a schedule with smok-



“I totally believe hypnotherapy can cure my cigarette addiction, but there is something about YOU I don't trust.”

ERIC REECE

ing at set (and gradually increasing) intervals, whether you crave it or not. This helps break the associa-

tion of “When the going gets rough, I can't cope without a cigarette” that can doom a quitter. Finally, support

groups — including everything from online message boards and squads of cheerleading loved ones — can be invaluable in boosting your strength and morale.

Q My boyfriend recently told me his first marriage broke up because his wife cheated on him. I wasn't surprised, because he has a hard time trusting people. The problem is, I've cheated. I would never tell him, because I know he'd never trust me. I feel guilty, even though I don't see myself ever cheating on him.

—WONDERING WHAT TO DO

I think there's a bigger problem here than the fact that you were a cheater and he was a cheatee. To go into any relationship saying you would “never” tell someone an important truth because they would “never” trust you is like placing an antique vase in front of a bunch of toddlers: It will lead to nothing but pain.

If he has problems trusting, the eventual cure is to learn that there are people worthy of his trust. Deliberately withholding information because you don't trust him to handle it does not exactly fit that bill. Your relationship has to be given the chance to sink or swim on the basis of who the two of you really are. He's come clean about something deeply personal, but you're not willing to reciprocate. And dare I ask if you trust yourself not to cheat again? I'm not sure that not “seeing” yourself doing it is a guarantee that you won't hurt him the same way he's been hurt before.

I beg you to come to terms with why you've made the choices you've made, what you can do to make sure the bad ones don't happen again and, finally, how you can be open about yourself before you go dragging the both of you into a world of bad “Melrose Place” reruns.

Send your mental health and emotional wellness questions to Andrea Bonior, Ph.D., at baggage@readexpress.com. This column is not a substitute for one-on-one care.

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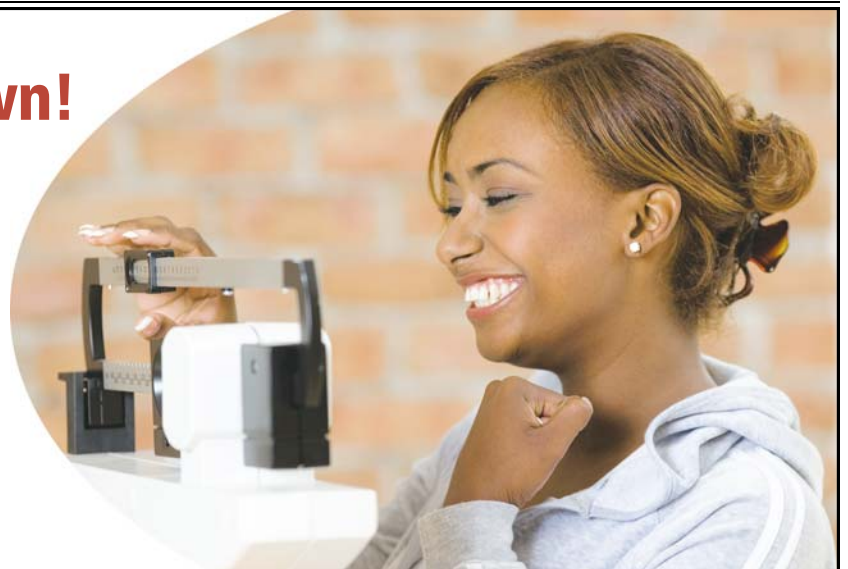
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➔ **LESS IS NEVER MORE** in the health-food world. Thus, Attune bars (attunefoods.com) don't just have some probiotics, those digestion-healthy micro-organisms that are so hot right now. Each one boasts more than 10 billion of the itty-bitty buggers (more than five times the number in regular yogurt). Get 'em in yogurt and granola "wellness" varieties for \$1.70, or the smaller chocolate flavors (which taste sinful even with just 100 calories) for \$1.30.

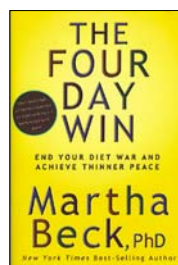


NEW
IN HEALTH
**warm
ups**

Music to My Molars

➔ **YOU CAN SING IN THE SHOWER**, but it's best to let your toothbrush provide the vocals while you're scrubbing those incisors. Tooth Tunes (\$10) provides two minutes of musical inspiration—the recommended amount of brushing time—but to pump up the volume from a whisper, you need to apply pressure to the brush. It's meant for the kiddies, but even some parents may dig doing their dental duties while listening to Kiss, the Beach Boys or Hilary Duff.

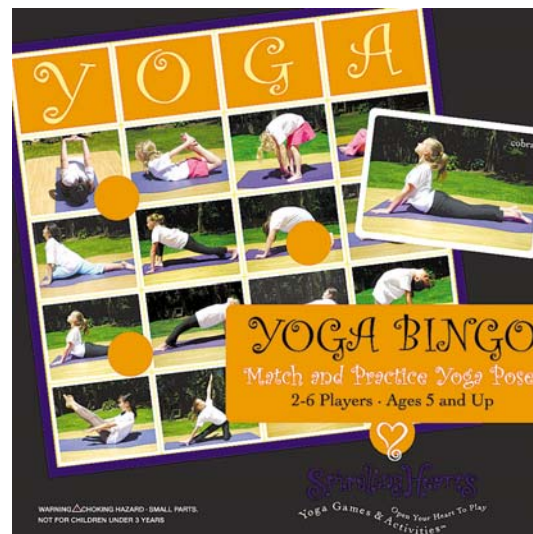
The Brain Diet



BET YOU NEVER HAD your hands write messages to each other to discover your subconscious feelings about Pop Tarts. In "The Four Day Win" (\$26), life coach Martha Beck offers a variety of unusual suggestions to come to terms with your eating habits. And she says you should try them for four days, the amount of time it takes for one's body to consider a change in routine. Some ideas seem dubious (like engaging your hands in conversation), but others (like figuring out how to skip activities that drive you to binge) seem more promising.

Games Yogis Play

➔ **IF HANGING ON THE MATS** with Mom and Dad hasn't caught your children's attention, you can try to get them psyched about yoga through toys. Spiraling Hearts, a yoga game company that just started selling products this month, offers such diversions as Yoga Bingo (\$30, pictured), a matching game that pairs poses with the animals they're named after (\$20), and Sun Salutation, which teaches the sequence with a card game (\$20). They'll be begging for stretchy pants in no time.



PRODUCTS

GuineaPig



Give Blisters The (Ski) Boot

NO ONE WANTS TO BE THE BUM stuck in the ski lodge with painful foot blisters. Proper fit is key to ski boots that won't sideline you, says Dusty Wissmath, a retail manager at Whitetail Ski Resort in Mercersburg, Pa. "Try on a bunch of different boots and take your time doing it," he says, but first, ditch the thick wool socks for a thinner pair. The boot's liner will insulate feet just fine, and less bulk means less chafing. Then, stand up straight: Your toes should touch the end of the boot. But in a skiing position, your foot will pull back and your toes shouldn't touch, Wissmath says. And they're meant to be snug at first—they'll loosen up with time.

Newer skiers can find boots starting at about \$150; Wissmath suggests the Dalbello, Nordica, Rossignol, Salomon or Lange brands. Beginners don't need fancy boots to keep the blisters away. JESS MILCETICH (EXPRESS)



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| THE EXPERT'S

TrainReaction

She'll Get Legs

Q I have the tendency to build muscle very quickly instead of slimming down when I exercise. I just joined a gym to drop those 10 extra pounds and I'd like to slim my legs down. What can I do?

For slimmer legs, don't be afraid to start training to build more lean mass. Muscles are your friends if you want a permanent reduction in fat. By building strength, you'll be increasing your metabolic rate as well, thus burning more calories all day long.

There are two ways to increase lean mass. The first is high-volume training, in which you isolate a muscle group during a workout with many exercises and sets.

The second way is heavy lifting. Staying in the four to eight repetition range with 80 to 90 percent of your maximum lifting weight will spike the hormones responsible for muscle growth, including what's called insulin-like growth factor.

With both methods you'll need plenty of sleep, water, nutrient-dense food and recovery time. Try alternating between these two methods every two weeks. Once you have that muscle, focus on a lower-calorie diet and more aerobic activity to slim down those legs!

Matthew Blair Davis, MS, CSCS, PES, is an award-winning personal trainer and president of **Functional Revolution Fitness** (functionalrevolution.com), which provides private personal training. E-mail him at matt@functionalrevolution.com.



WALLFLOWER: Brugel gets a spot at the Great Falls Yoga Institute (1134 Walker Rd., 703-757-6670, greatfallsyoga.com).

Against the Wall

Use rope systems to elevate your yoga practice

If you're sick of feeling grounded — literally — during your yoga practice, get your pranayama to the Great Falls Yoga Institute. Instead of letting gravity have its way with her students, for the past two years, studio founder Ellen Carroll has often strung them up in harnesses and belts on her Yoga Wall, the only one in the D.C. metro area.

The contraption, a plywood panel extending the length of the studio and dotted with spring-loaded sockets, is based on the principles of Iyengar yoga, which focuses on props to achieve proper body alignment. Traditional Iyengar studios

use a similar wall, but they tend to feature the thick, round ropes developed in India by B.K.S. Iyengar. By contrast, the version in Great Falls comes from a California company that's tweaked the design by switching in flat belts that can be adjusted instantly, and more sockets to allow for a greater variation of poses.

At a class last week, when Carroll instructed everyone to get into the locust pose, students faced away from the wall, trusted their weight to a thick strap, walked their legs up behind them, then raised their arms and upper body so they looked like they were flying. "Some people call this 'Super Man,'" noted Carroll.

Students flipped over to practice

inversions, hanging upside down by their hips. "The anti-gravity feel is wonderful," gushed Ruth Morine, a 50-something who says learning to trust the wall has helped boost her confidence outside of yoga, too. "It's everybody's dream to be able to do handstands, and the wall makes it so delightfully easy and fun."

Although it can be much less challenging to let the belts support you than to attempt the moves on a mat, the notion of hoisting oneself off the ground can be intimidating. "Everyone gets a bit giggly," Morine said of her classmates' nervous laughter. But Carroll takes the moves gradually and carefully spots inexperienced students to coax

even the most risk-averse into the air. "Maybe they'll come up slowly, but they'll do it," she says. "When we get them upside-down, they're in tears because they didn't think they could ever do this."

It's not all aerial acrobatics, either. One of Carroll's favorite poses to bring to the wall is down dog. By placing your feet flat on the bottom of that wall and balancing your hips in a harness, you

ROPE CLIMBING

- The Great Falls Yoga Institute showcases the Yoga Wall in many classes, especially Wed. at 6 p.m.
- Susquehanna Yoga (12-A W. Aylesbury Rd., Timonium, Md., 410-308-9950, syoga.com) also has a Yoga Wall system.
- Unity Woods Yoga Center (unitywoods.com) will hold a traditional Iyengar rope workshop April 28 at 2639 Connecticut Ave. NW. Call instructor Carolyn Bluemle at 301-588-2925 for info.

can focus on extending your upper body. "The straps pull you in the right way, and this might be the only way you can feel that stretch," she says. Or, she'll have students lie on the ground with their heads supported by a low-hanging belt, which stretches their necks.

Nina Brugel, 43, became so enamored of the wall she decided to buy her two teenage daughters a session for Christmas. "Then my mom said, 'I want to go, too!,'" said Brugel, now part of three generations of wall fiends. "There are things you experience on the wall that just can't be duplicated."

No matter what contortions the students do, after they return to the ground, Carroll insists they rest their forehead against the wall to "show it some love." Why is this necessary? "The wall is so exciting and totally new," Carroll explains, "and we wouldn't want you to rush away and fall down." VICKY HALLETT (EXPRESS)

VITALSTATS

6

THE NUMBER OF HOURS OF STRENUOUS EXERCISE PER WEEK THAT SEEMED TO LIMIT THE RISK OF INVASIVE BREAST CANCER, A NEW STUDY SAYS.

DREAM TEAMS ►► THE MINOR LEAGUES

Inner Tube Aptitude

■ Attempting to score a goal while splashing across a pool and fending off attacks from hard-bodied opponents is what makes water polo such a tough sport. Unless you do it from the comfort of an inner tube. But even then it can be strenuous, says Alex Bagden, founder of Inner Tube Water Polo (innertubewaterpolo.com), which begins its inaugural season next week. "I'm a runner, but I get very fatigued, especially my arms," says the 27-year-old physics teacher. He first played at the University of Virginia, where the game has a fanatical intramural following (as it does at many other



colleges). After a few years of withdrawal, Bagden decided to curb his cravings by establishing the league. He's secured a pool in Annandale, a pile of inner tubes and goals. Experienced players or newbies just need a bathing suit to join as long as they register — \$30 per individual, \$155 per team (at least eight members) — by March 1. V.H.

What's Tops in Props

Setting up a home yoga practice requires more than just a mat

Although you can get yourself into down dog right on your living room carpet, that's not necessarily the best way to begin a home yoga practice.

Before switching from the yoga studio to your studio apartment, it's critical to find the right place to practice yoga — a wood floor is best, concrete the worst — and assemble the right array of props.

The basic items you'll need to do the daily practices at home include: a **YOGA MAT** (a thin sticky mat, not a padded exercise mat); two **BLOCKS** (wood, cork or foam); one **STRAP** (with a buckle, if possible); one sturdy **CHAIR** (with an opening below the chair back large enough for you to fit through); one round **YOGA BOLSTER**; and two densely woven **BLANKETS**.

You can find yoga props for sale at many yoga studios as well as on several Web sites. However, if you do not wish to make a major

investment in buying "official" yoga props, you can make do in many cases by using things you already have around the house.

Mat

If you buy only one yoga prop, buy a yoga mat (also known as a sticky mat). It provides you with the best surface on which to practice and keeps you from slipping around, especially when you sweat. If you find your brand-new sticky mat to be more slippery than sticky and that practicing on it is worse than practicing on the floor, try washing it with soap and water. Some new mats have oil on them, which needs to be removed to restore their stickiness.

Blocks

You will be using blocks to support different parts of your body, such as your hands or pelvis. For example, you may sit on a block while doing a seated twist or place both hands on



GETTY IMAGES

blocks in Upward-Facing Dog.

If you have a choice between wood, cork or foam, go with the wood, which provides the best support. If you do not have blocks, you can use books or small boxes. But be sure to use something that is firm, rather than squishy, so it can

easily support the weight of your body. And make sure that for those poses requiring two blocks, the two you use are the same size.

Strap

You will be using the strap primarily to reach parts of your body, such

as your toes, that you cannot reach without help. At other times, you will buckle the strap into a loop and use the loop to bind your arms together. If you do not have a yoga strap, you can use a tie or sash. For those times when you need to make a loop with the strap, you will have to tie your sash.

Bolster

You will be using the bolster to support your body in reclined positions and to rest your head on while you are in seated positions. If you do not have a bolster, you can roll a folded blanket to create a bolster substitute or you can use a stack of blankets folded into thin rectangles.

Blankets

You will be using blankets to sit on and to support and cushion your body in various ways. If possible, use single-bed-size blankets of densely woven fabric, such as wool or cotton. Squishy or fluffy blankets, such as comforters or polar fleece blankets, do not provide the necessary support that you will need, as your body weight flattens them.

RODNEY YEE WITH NINA ZOLOTOW (REPRINTED WITH PERMISSION OF PREVENTION © RODALE INC.)

FOLDING A BLANKET

THE BASIC RECTANGLE

1. From the short edge of the blanket, fold the complete blanket in half so the two short edges come together into a neat rectangle.

2. From the short edge of this rectangle, fold the blanket in half again so the two short edges come together in a smaller rectangle.

3. From the short edge of this rectangle, fold the blanket in half again so the two short edges come together into a smaller rectangle (approximately 31 inches by 20 inches).

THE RECTANGULAR STACK

To create a stack of thin rectangular blankets, you need two blankets folded three times into basic rectangles. To make a rectangular stack:

1. From the long edge of the basic rectangle, fold the first blanket so that the long sides come together into a long, narrow rectangle.

2. Repeat for the second blanket.

3. Now you have two long, narrow rectangles. Stack the second long, narrow rectangle on top of the first so that their thick folded edges are directly opposite each other. (REPRINTED WITH PERMISSION OF PREVENTION © RODALE INC.)

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| STUDIES

Stethoscope

Popular and Plump

■ You know that when you drink at a party, you always drink more than you would by yourself. The same principle applies to kids' food intake. A University of Michigan study found that children who eat in large groups devour about 30 percent more than those who eat with just a few friends. So, as long as your children are only mildly social, they can stay trim. Moral: Too many friends will make you fat.



Think Yourself Thin

■ The power of positive thinking is much easier than power lifting. A study in Psychological Science reported that hotel housekeepers who were told that cleaning rooms was good exercise significantly lowered their blood pressure and body-mass index without actually changing their lifestyles. Now, try to believe that staring at the TV eating Cheez Doodles is healthy.

Snip and Snap

■ A man's virility is important to him, but who knew it was this critical? Vasectomies may increase the chances of developing progressive primary aphasia (PPA), a strain of dementia, which involves a loss of facility with language. Northwestern University researchers surveyed 47 PPA sufferers and found that 40 percent had undergone vasectomies. They warned that more research is needed, and that men should not avoid vasectomies out of fear of PPA.

Belle of the Ball Method

Lying down on blue spheres may make you feel and look better

When Elaine Petrone could no longer lift her right leg because of a mysterious ailment, she knew her dancing career was in trouble. So, she set off to find a cure for her pain.

She discovered it lying down atop small plastic balls. For the past 30 years, she's taught and lectured about her method, establishing a following in physical-therapy circles. Her new DVD, "Stop the Clock" (\$25, elainepetrone.com), promises to reverse the ravages of aging.

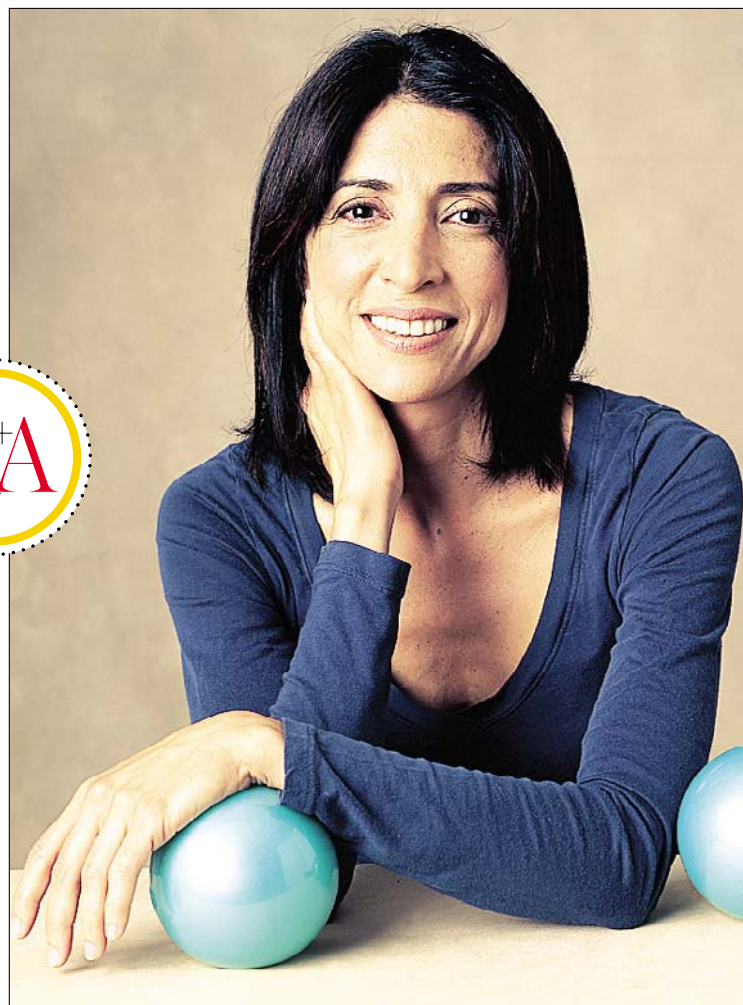
Q+A

You say this is the opposite of exercise. Why is that?

The problem with what many people do is that it's like wallpapering over wallpaper. Eventually, you need to strip everything away. The way people normally move is how they get too much tension in their muscles, which can cause injuries. When you do nothing — which is what I'm trying to teach people — you unengage the body. By training to rest, the body goes into alignment and you don't hold your breath. Then when you do engage your body, you'll use it the way you were meant to.

Is there a certain kind of exercise that best complements this?

Everybody has their favorite exercise, so they should do that. I say you can beat up your body as much as you want, as long as you know how to recover. One of the worst things people do is gardening. If you're stiff



COURTESY ELAINE PETRONE

for eight hours and you think you're going to sleep it off, you're wrong.

How did you develop the balls?

The ball isn't the whole method, but it's easier with a ball. The ball is stimulating and helps your body talk to you. When I was working out this method 30 years ago, I laid on

the floor for seven or eight hours a day and kept trying to figure this out. I want people to be in control of their own bodies.

So, how does this differ from meditation or yoga?

This doesn't just help people get aware; it tells you what to do when

you become aware. You're allowing parts you don't normally allow to move. You can release your neck, feel your rib cage. Physical therapists and other doctors use this.

How do you convince people this isn't nonsense?

The pain population is something like 65 million people. Back pain is No. 2, after the chronic cold. When people have pain, they're willing to try anything.

“Beat up your body as much as you want, as long as you know how to recover.”

How does it fight aging?

Most people will sit in one position for years. Their necks and shoulders are overdeveloped. They have sagging butt muscles caused by clenching around the joints. With this, you tone and use the whole body with your movements. I have one student who has a huge belly even though she's a triathlete, because she needs to get rid of a lot of tension along her back. Most people between the ages of 35 and 45 start to feel the effects of everything they've done.

How often do you need to do it to see changes in your body?

You'll feel the changes immediately. But it's behavioral therapy, so you have to do it frequently to get it to stick. Bring it into bed with you. Take it on vacation. It's so easy to do. It's not like exercise.

Why don't people do this naturally?

People don't realize how much stiffness they're holding in their muscles. I just laid on the floor and wondered why my body was so tight. I have a great ability to do nothing. People screw up because they try too hard to relax. With the ball, they can give in. VICKY HALLETT (EXPRESS)



hypochondriac

WHAT YOU COULD HAVE BUT PROBABLY DON'T

Do you have red or light-blond hair, pale skin that won't tan, and blue peepers? Have you had serious vision problems since childhood, such as lazy or twitchy eyes? You could be an **ALBINO**. Oculocutaneous albinism Type 2—one of four kinds of the inherited skin/eye disorder — doesn't look like what many expect: white hair, pink eyes. (Even the more melanin-challenged Type 1's usually have blue eyes.) They look like people on the pallid end of normal, though an ophthalmologist can tell the difference. Besides treatment for their vision issues, Type 2's just need to worry about protecting themselves from the sun, as they have a higher risk of skin cancer.

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